

# Module 7: Approaches to Comprehensive Care and Patient Retention

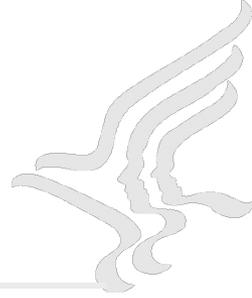
## TIP Chapter 8

- Describe the recommended core services
- Explain strategies for retaining patients in MAT
- Identify approaches for counseling and case management
- List the benefits of family involvement in MAT
- Survey integrated approaches to MAT
- Explain strategies for relapse prevention
- Investigate referrals to social services, involuntary discharge, and patient advocacy



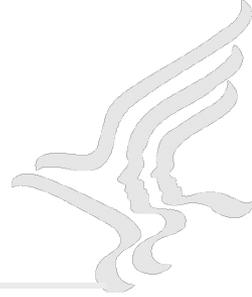
# Overview

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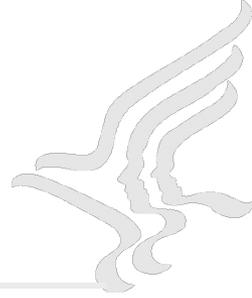
- Core group of basic- and extended-care services is essential for MAT.
- Psychosocial interventions contribute to patient retention.
- Well-planned, well-supported comprehensive treatment program increases likelihood of positive treatment outcomes.

# Non-Trivial Pursuit: Question 1



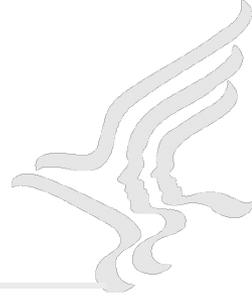
Psychosocial interventions contribute to treatment retention and compliance by addressing the \_\_\_\_\_ and \_\_\_\_\_ problems and \_\_\_\_\_.

# Non-Trivial Pursuit: Question 2



A well-planned and well-supported comprehensive treatment plan increases ... the likelihood of \_\_\_\_\_  
\_\_\_\_\_.

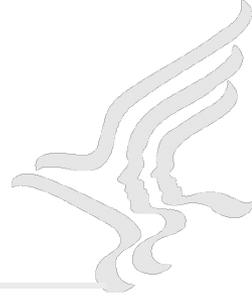
# Non-Trivial Pursuit: Question 3



Which of the following are core services?

- Psychological assessment
- Initial and yearly medical assessment
- Marriage counseling
- Medication dispensing
- Drug tests
- Family psychological assessment

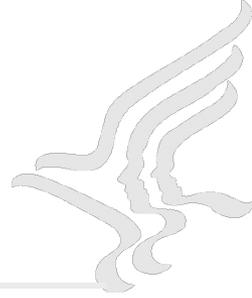
# Non-Trivial Pursuit: Question 4



## Which of the following are core services?

- Identification of co-occurring disorders and neuropsychological problems
- Counseling related to substance abuse
- Personality testing
- Evaluation and intervention related to family issues
- Referral for additional required services
- HIV and hepatitis C virus testing and related services

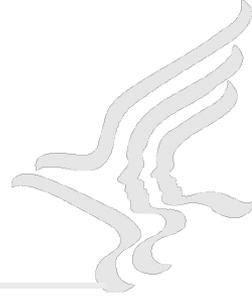
# Non-Trivial Pursuit: Question 5



Which of the following are strategies for extended care?

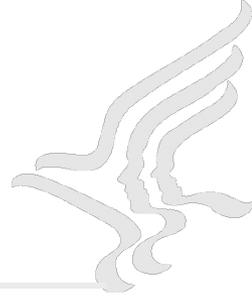
- Psychosocial support
- Biomedical interventions
- Meditation
- Peer-support approaches
- Exercise and proper diet

# Non-Trivial Pursuit: Question 6



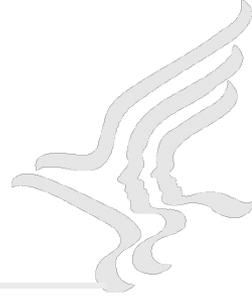
What other substance abuse addictions do some patients have when they enter opioid addiction treatment?

# Non-Trivial Pursuit: Question 7



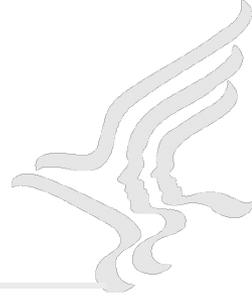
People addicted to opioids have greater risk of what medical conditions?

# Non-Trivial Pursuit: Question 8



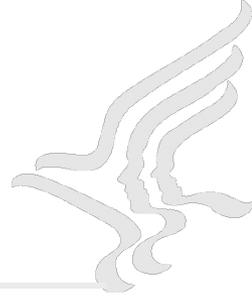
What three outcomes do people who stay in treatment a year or longer have?

# Non-Trivial Pursuit: Question 9



Name two key factors that affect patient retention.

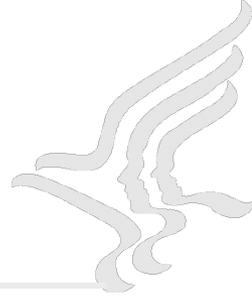
# Non-Trivial Pursuit: Question 10



Which of the following are strategies for improving patient retention?

- Individualize medication dosages
- Make people go to a 12-Step program
- Clarify goals and treatment plans
- Simplify the entry process
- Inform employers of problems
- Attend to patients' financial needs

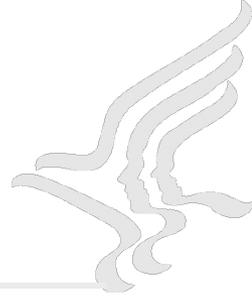
# Non-Trivial Pursuit: Question 11



Which of the following are strategies for improving patient retention?

- Psychological assessment
- Reduce attendance burden
- Provide useful treatment services as early as possible
- Explain criminal problems to the neighbors
- Enhance staff-patient interactions
- Improve staff knowledge and attitudes about MAT

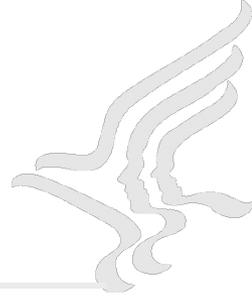
# Non-Trivial Pursuit: Question 12



Which of the following should MAT counseling focus on?

- Guidance to eliminate substance abuse
- Monitoring problematic behaviors
- Making sure patients have the freedom they need
- Eliminating physical pain
- Helping patients comply with OTP rules
- Family medical history

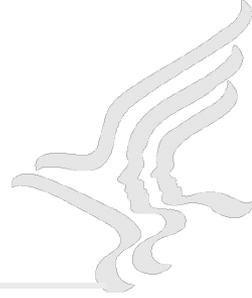
# Non-Trivial Pursuit: Question 13



Which of the following should MAT counseling focus on?

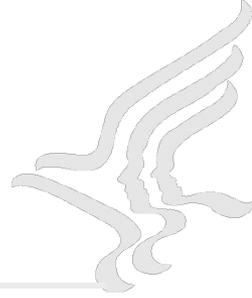
- Behavioral style assessment
- Identifying problems and referring patients to extended services
- Identifying and removing barriers to full treatment participation
- Providing motivation for positive changes in lifestyle
- Learning to discipline children better

# Non-Trivial Pursuit: Question 14



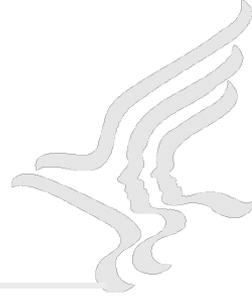
List five components of substance abuse counseling.

# Non-Trivial Pursuit: Question 15



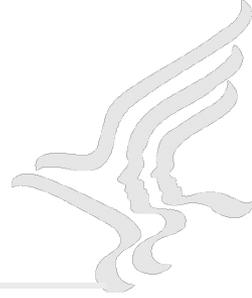
List five components of individual counseling.

# Non-Trivial Pursuit: Question 16



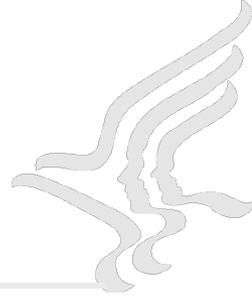
Name three types of group counseling.

# Non-Trivial Pursuit: Question 17



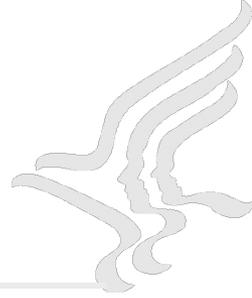
What is node-link mapping?

# Non-Trivial Pursuit: Question 18



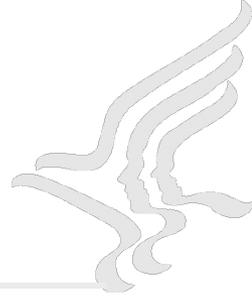
What is the contingency management approach?

# Non-Trivial Pursuit: Question 19



Define psychotherapy.

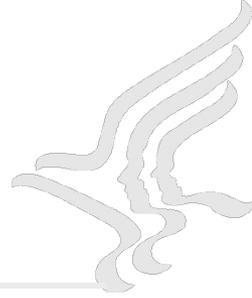
# Non-Trivial Pursuit: Question 20



Which of the following are psychotherapy strategies?

- Address recent success/failure regarding substance abuse
- Adopt more active role
- Strengthen patients' resolve
- Take patient out for social events
- Teach warning signs
- Develop coping skills

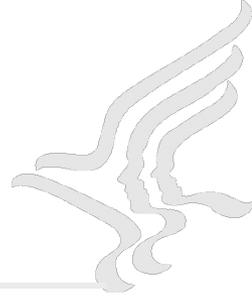
# Non-Trivial Pursuit: Question 21



Which of the following are psychotherapy strategies?

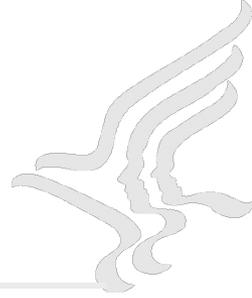
- Support rearranging priorities
- Assist patients in managing emotional pain
- Explore family history
- Help patients enhance interpersonal functioning
- Use only after strong therapeutic alliance is developed

# Non-Trivial Pursuit: Question 22



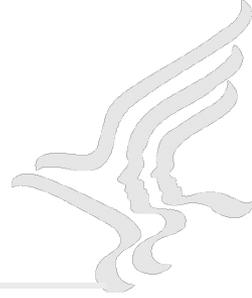
If an OTP is not in the position to provide onsite HIV testing, how should it handle such testing?

# Non-Trivial Pursuit: Question 23



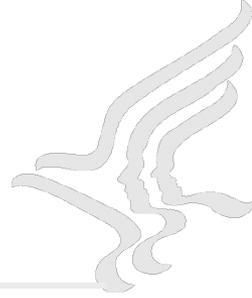
List three strategies for psychoeducation in MAT.

# Non-Trivial Pursuit: Question 24



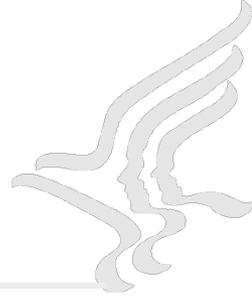
List six common education topics for patients.

# Non-Trivial Pursuit: Question 25



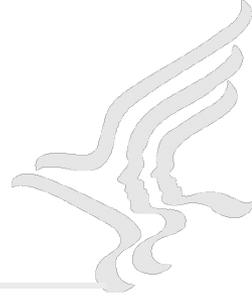
What percentage of women in MAT has experienced partner violence?

# Non-Trivial Pursuit: Question 26



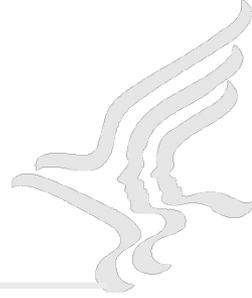
What are the most popular and widely used mutual-help models?

# Non-Trivial Pursuit: Question 27



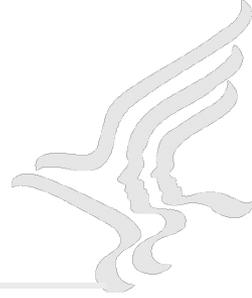
What issue causes conflict between MAT and mutual-help programs?

# Non-Trivial Pursuit: Question 28



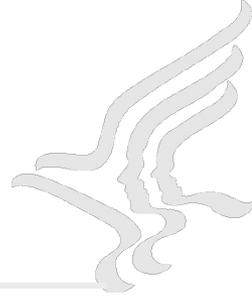
List five patient goals for building relapse prevention skills.

# Non-Trivial Pursuit: Question 29



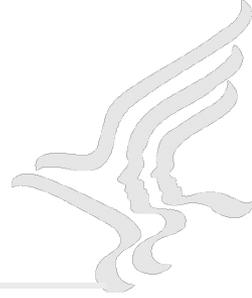
List three warning signs of relapse.

# Non-Trivial Pursuit: Question 30



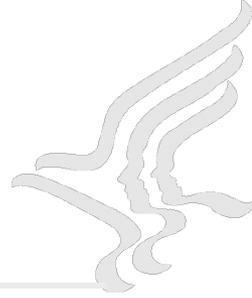
What percentage of MAT patients is unemployed?

# Non-Trivial Pursuit: Question 31



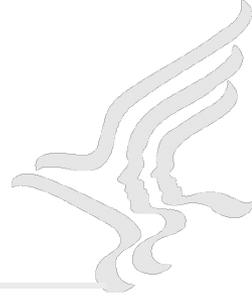
What are the dangers in involuntary discharge?

# Non-Trivial Pursuit: Question 32



List three reasons for administration  
(involuntary) discharge.

# Non-Trivial Pursuit: Question 33



List three advocacy groups for MAT patients.