

CSAT Products Catalog

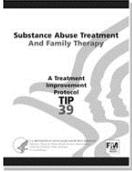
October 2012

**Order Your FREE Copies
of TIPs, TAPs, and
Other CSAT Publications Today!**

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CSAT TIPS and TIP Collateral Products



What Is a TIP?

Treatment Improvement Protocols (TIPs) are the products of a systematic and innovative process that brings together clinicians, researchers, program managers, policymakers, and other Federal and non-Federal experts to reach consensus on state-of-the-art treatment practices. TIPs are developed under CSAT's Knowledge Application Program to improve the treatment capabilities of the Nation's alcohol and drug abuse treatment service system.



What Is a Quick Guide?

A Quick Guide clearly and concisely presents the primary information from a TIP in a pocket-sized booklet. Each Quick Guide is divided into sections to help readers quickly locate relevant material. Some contain glossaries of terms or lists of resources. Page numbers from the original TIP are referenced, so providers can refer back to the source document for more information.



What Are KAP Keys?

Also based on TIPs, KAP Keys are handy, durable tools. Keys may include assessment or screening instruments, checklists, and summaries of treatment phases. Printed on coated paper, each KAP Keys set is fastened together with a key ring and can be kept within a treatment provider's reach and consulted frequently. The Keys allow the busy clinician or program administrator to locate information easily and to use this information to enhance treatment services.

TIP 1

Replaced by **TIP 43: Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs.**

TIP 2

Replaced by **TIP 51: Substance Abuse: Addressing the Specific Needs of Women.**

TIP 3

Replaced by **TIP 31: Screening and Assessing Adolescents for Substance Use Disorders.**

TIP 4

Replaced by **TIP 32: Treatment of Adolescents With Substance Use Disorders.**

TIP 6: Screening for Infectious Diseases Among Substance Abusers

Guides healthcare providers on designing, delivering, and improving treatment for those at risk for infectious diseases in a variety of settings. **BKD131**
Quick Guide for Clinicians QGCT06
KAP Keys for Clinicians KAPT06

TIP 7

Replaced by **TIP 44: Substance Abuse Treatment for Adults in the Criminal Justice System.**

TIP 8

Replaced by **TIP 46: Substance Abuse: Administrative Issues in Outpatient Treatment** and **TIP 47: Substance Abuse: Clinical Issues in Intensive Outpatient Treatment.**

TIP 9

Replaced by **TIP 42: Substance Abuse Treatment for Persons With Co-Occurring Disorders.**

TIP 10

Replaced by **TIP 43: Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs.**

TIP 11: Simple Screening Instruments for Outreach for Alcohol and Other Drug Abuse and Infectious Diseases

Presents two screening instruments designed for rapid administration by a wide range of providers and ease of scoring and interpretation. **BKD143**
Quick Guide for Clinicians QGCT11
KAP Keys for Clinicians KAPT11

TIP 12

Replaced by **TIP 44: Substance Abuse Treatment for Adults in the Criminal Justice System.**

TIP 13: Role and Current Status of Patient Placement Criteria in the Treatment of Substance Use Disorders

Describes the need for standardized patient placement criteria (PPC), and lays the groundwork for a concerted effort to develop national uniform PPC. **(SMA) 09-3021**
Quick Guide for Clinicians QGCT13
Quick Guide for Administrators QGAT13
KAP Keys for Clinicians KAPT13

TIP 14: *Developing State Outcomes Monitoring Systems for Alcohol and Other Drug Abuse Treatment*

Assists State agencies and staff in developing, implementing, and managing outcomes monitoring systems for substance abuse treatment programs to increase accountability for treatment expenditures. **BKD162**

TIP 15

Replaced by **TIP 37: *Substance Abuse Treatment for Persons With HIV/AIDS.***

TIP 16: *Alcohol and Other Drug Screening of Hospitalized Trauma Patients*

Describes the significant role that alcohol and drugs play in traumatic injury, and outlines a comprehensive assessment procedure and brief intervention techniques. **(SMA) 09-3686**
Quick Guide for Clinicians QGCT16
KAP Keys for Clinicians KAPT16

TIP 17

Replaced by **TIP 44: *Substance Abuse Treatment for Adults in the Criminal Justice System.***

TIP 19

Replaced by **TIP 45: *Detoxification and Substance Abuse Treatment.***

TIP 20

Replaced by **TIP 43: *Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs.***

TIP 21: *Combining Alcohol and Other Drug Abuse Treatment With Diversion for Juveniles in the Justice System*

Introduces a model that concentrates on diverting youth already involved with the juvenile justice system from further penetration into the system by providing appropriate substance abuse treatment. **(SMA) 09-4073**
Quick Guide for Clinicians and Administrators QGCA21

TIP 22

Replaced by **TIP 43: *Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs.***

TIP 23: *Treatment Drug Courts: Integrating Substance Abuse Treatment With Legal Case Processing*

Provides clinicians, administrators, and policymakers with the information to plan, implement, monitor, and evaluate treatment drug courts. Presents relevant information on financial, legal, and ethical issues. **(SMA) 12-3917**
Quick Guide for Administrators QGAT23

TIP 24: *A Guide to Substance Abuse Services for Primary Care Clinicians*

Provides primary care clinicians specific guidance on identifying indications of substance abuse, how to broach the subject with a patient, and what screening and assessment instruments to use. **(SMA) 08-4075**
Concise Desk Reference Guide (SMA) 09-3740
Spanish Desk Reference Guide MS631S
Quick Guide for Clinicians QGCT24
KAP Keys for Clinicians KAPT24

TIP 25: *Substance Abuse Treatment and Domestic Violence*

Presents treatment providers with an introduction to the field of domestic violence. Supplies useful techniques for detecting and eliciting such information, along with ways to modify treatment to ensure victims' safety and to stop the cycle of violence in the lives of the battered and the batterer. **(SMA) 12-4076**
A Guide for Treatment Providers (SMA) 00-3390
Quick Guide for Clinicians (SMA) 01-3583
KAP Keys for Clinicians KAPT25

TIP 26: *Substance Abuse Among Older Adults*

Recommends best practices for identifying, screening, assessing, and treating alcohol and prescription drug abuse among people ages 60 and older. **(SMA) 12-3918**
Physician's Guide (SMA) 10-3394
A Guide for Social Service Providers (SMA) 04-3971
A Guide for Treatment Providers (SMA) 05-4083
Quick Guide for Clinicians (SMA) 12-3585
KAP Keys for Clinicians KAPT26

TIP 27: *Comprehensive Case Management for Substance Abuse Treatment*

Describes models of case management, guidance to linkages with other service agencies, and practical information on adapting treatment programs to the managed care environment. Includes requirements needed to perform case management referral and service coordination activities. **(SMA) 12-4215**
A Guide for Administrators (SMA) 00-3396
A Guide for Treatment Providers (SMA) 04-3953
(Available only at <http://www.kap.samhsa.gov>)
Quick Guide for Clinicians QGCT27
Quick Guide for Administrators QGAT27

TIP 28

Replaced by **TIP 49: *Incorporating Alcohol Pharmacotherapies Into Medical Practice.***

TIP 29: Substance Use Disorder Treatment for People With Physical and Cognitive Disabilities

Defines issues in providing treatment to people with coexisting disabilities, and provides guidance in treatment planning and counseling and in forming links with other service providers. Includes lists of resources and a guide to compliance with the Americans with Disabilities Act. (SMA) 08-4078

Quick Guide for Clinicians QGCT29

Quick Guide for Administrators (SMA) 08-3592

KAP Keys for Clinicians KAPT29

TIP 30: Continuity of Offender Treatment for Substance Use Disorders From Institution to Community

Spotlights the importance of transition when an offender who received treatment while incarcerated is released. Provides those working in the justice system and community-based programs with guidelines for continuity of care for the offender client. (SMA) 08-3920

Quick Guide for Clinicians QGCT30

KAP Keys for Clinicians KAPT30

TIP 31: Screening and Assessing Adolescents for Substance Use Disorders

A companion to TIP 32, provides guidelines for evaluating, developing, and administering screening and assessment instruments for youth. Provides summaries and access to instruments. (SMA) 09-4079
See collateral products for TIP 32.

TIP 32: Treatment of Adolescents With Substance Use Disorders

A companion volume to TIP 31, reflects recent research findings on the effectiveness of various treatment components and modalities for adolescents who use substances. (SMA) 08-4080

Quick Guide for Clinicians (SMA) 01-3596

KAP Keys for Clinicians KAPT312

TIP 33: Treatment for Stimulant Use Disorders

Highlights recent research describing effective strategies and approaches to meeting specific needs of individuals who use stimulants. Includes more than 40 client worksheets to assist providers. (SMA) 09-4209

Quick Guide for Clinicians QGCT33

KAP Keys for Clinicians KAPT33

TIP 34: Brief Interventions and Brief Therapies for Substance Abuse

Is intended for counselors and therapists in the substance abuse treatment field but is of value to other audiences, including healthcare providers, teachers, and criminal justice personnel. (SMA) 09-3952

Quick Guide for Clinicians (SMA) 06-4136

KAP Keys for Clinicians (SMA) 01-3601

TIP 35: Enhancing Motivation for Change in Substance Abuse Treatment

Describes different motivational interventions to use at all stages of change, from precontemplation and preparation to action and maintenance. (SMA) 08-4212

Inservice Training (SMA) 08-4190

Quick Guide for Clinicians (SMA) 12-4097

KAP Keys for Clinicians (SMA) 05-4091

TIP 36: Substance Abuse Treatment for Persons With Child Abuse and Neglect Issues

Examines treatment issues for both adult survivors of child abuse or neglect and adults in treatment who may be abusing or neglecting their children. (SMA) 08-3923

Quick Guide for Clinicians (SMA) 12-3604

KAP Keys for Clinicians KAPT36

TIP 37: Substance Abuse Treatment for Persons With HIV/AIDS

Provides an overview of how substance abuse treatment meets the needs of patients. Addresses issues concerning people who are HIV infected and abuse substances. (SMA) 08-4137

Quick Guide for Clinicians QGCT37

KAP Keys for Clinicians KAPT37

TIP 38: Integrating Substance Abuse Treatment and Vocational Services

Describes vocational services and resources, and presents clinical issues related to integrating vocational services into a substance abuse treatment plan.

Discusses policy and funding. (SMA) 06-4216

Quick Guide for Clinicians QGCT38

Quick Guide for Administrators QGAT38

KAP Keys for Clinicians KAPT38

TIP 39: Substance Abuse Treatment and Family Therapy

Focuses on how substance abuse affects the family and how substance abuse treatment providers can use principles from family therapy to change the interactions among family members. (SMA) 08-4219

Quick Guide for Clinicians (SMA) 05-4032

Quick Guide for Administrators QGAT39

TIP 40: Clinical Guidelines for the Use of Buprenorphine in the Treatment of Opioid Addiction

Provides consensus- and evidence-based guidance on the use of buprenorphine, a new option for the treatment of opioid addiction. (SMA) 07-3939

Quick Guide for Physicians (SMA) 05-4003

KAP Keys for Physicians KAPT40

TIP 41: Substance Abuse Treatment: Group Therapy

Distills research and clinical findings into practical guidelines for practitioners of group therapy modalities. Describes types of group therapy, and offers a theoretical basis for group therapy's effectiveness. Is a useful guide to supervisors, trainers of beginning counselors, and experienced counselors. Provides sources of information and topics for further inquiry.

(SMA) 09-3991

New! Inservice Training (SMA) 11-5664

Quick Guide for Clinicians (SMA) 12-4024

TIP 42: Substance Abuse Treatment for Persons With Co-Occurring Disorders

Provides information about co-occurring substance use and mental disorders, and captures the state of the art in the treatment of people with co-occurring disorders. Synthesizes knowledge, and grounds it in the realities of clinical cases and real situations. **(SMA) 08-3992**

Inservice Training (SMA) 08-4262

Quick Guide for Clinicians (SMA) 07-4034

Quick Guide for Administrators (SMA) 12-4035

Quick Guide for Mental Health Professionals (SMA) 10-4531

KAP Keys for Clinicians (SMA) 08-4036

TIP 43: Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs

Describes opioid use disorders and treatment, and presents evidence-based best practices for treatment of opioid addiction. **(SMA) 12-4214**

Inservice Training (SMA) 09-4341

Quick Guide for Clinicians QGCT43

KAP Keys for Clinicians (SMA) 05-4108

TIP 44: Substance Abuse Treatment for Adults in the Criminal Justice System

Discusses treatment for offender populations and collaborations between criminal justice and substance abuse treatment systems. **(SMA) 09-4056**

Quick Guide for Clinicians QGCT44

KAP Keys for Clinicians KAPT44

TIP 45: Detoxification and Substance Abuse Treatment

Provides information about detoxification in the continuum of services for substance use disorders. Includes details on the physiology of withdrawal, pharmacologies in the management of withdrawal, and the management of detoxification services within comprehensive systems of care. **(SMA) 08-4131**

Inservice Training (SMA) 09-4331

Quick Guide for Clinicians (SMA) 06-4225

Quick Guide for Administrators (SMA) 06-4226

KAP Keys for Clinicians (SMA) KAPT45

TIP 46: Substance Abuse: Administrative Issues in Outpatient Treatment

Provides administrators with information about running an outpatient treatment program including strategic planning; working with boards; hiring, retaining, and supervising staff; performance monitoring and improvements; and funding. Addresses the provision of culturally competent treatment to diverse populations, diversifying a program's funding sources, and Federal privacy and confidentiality regulations. **(SMA) 12-4151**

Quick Guide for Administrators (SMA) 07-4232

TIP 47: Substance Abuse: Clinical Issues in Intensive Outpatient Treatment

Helps clinicians address new intensive outpatient treatment (IOT) approaches to treating a wide variety of clients. Describes core services, enhanced services, and processes of assessment, placement, and treatment planning; discusses major clinical challenges of IOT; and surveys the common approaches used in IOT such as family-based services and specific treatments for diverse groups of clients. **(SMA) 06-4182**

Quick Guide for Clinicians (SMA) 07-4233

KAP Keys for Clinicians (SMA) 07-4251

TIP 48: Managing Depressive Symptoms in Substance Abuse Clients During Early Recovery

Provides information needed for working with clients with depressive symptoms and substance use disorders. Covers counseling approaches, clinical settings, cultural concerns, counselor responsibilities, screening and assessment, treatment planning and processes, and continuing care. **(SMA) 08-4353**

TIP 49: Incorporating Alcohol Pharmacotherapies Into Medical Practice

Provides clinical guidelines for the proper use of four medications in the treatment of alcohol use disorders: acamprosate, disulfiram, oral naltrexone, and extended-release injectable naltrexone. **(SMA) 12-4380**

Quick Guide for Counselors (SMA) 10-4542

Quick Guide for Physicians (SMA) 10-4543

KAP Keys for Clinicians (SMA) 10-4544

TIP 50: Addressing Suicidal Thoughts and Behaviors in Substance Abuse Treatment

Covers background information about risk factors and warning signs for suicide and a four-step process for addressing suicidal thoughts and behaviors in substance abuse treatment. Includes competencies counselors should incorporate to work effectively with clients who are suicidal. **(SMA) 09-4381**

TIP 51: *Substance Abuse Treatment: Addressing the Specific Needs of Women*

Assists substance abuse treatment providers in offering effective, up-to-date treatment to adult women with substance use disorders. Reviews gender-specific research and best practices beginning with the common patterns of initiation of substance use among women and extending to specific treatment issues and strategies across substance abuse treatment services. **(SMA) 09-4426**

TIP 52: *Clinical Supervision and Professional Development of the Substance Abuse Counselor*

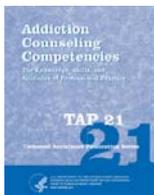
Covers functions of a clinical supervisor, developmental levels of counselors and clinical supervisors, cultural competence, ethical and legal issues, monitoring clinical performance of counselors, and practical issues such as balancing one's clinical and administrative duties. **(SMA) 09-4435**

TIP 53: *Addressing Viral Hepatitis in People With Substance Use Disorders*

Enables behavioral health professionals to: understand the implications of a diagnosis of hepatitis; educate, counsel, and support clients and their families; evaluate a program's hepatitis information and practices; implement hepatitis screening; educate healthcare professionals about substance use disorder treatment in relation to hepatitis prevention and treatment; establish cross-referral, consultation, and reporting networks with other healthcare providers. **(SMA) 11-4656**

TIP 54: *Managing Chronic Pain in Adults With or in Recovery From Substance Use Disorders*

Equips clinicians with practical guidance and tools for treating chronic noncancer pain in adults with histories of substance use disorders. By providing a shared basic understanding of and a common language for these two chronic conditions, this TIP facilitates cooperation and communication between healthcare professionals treating pain and those treating addiction. **(SMA) 12-4671**



CSAT TAPs

Technical Assistance Publications (TAPs) are a compilation of written materials gathered from various Federal, State, programmatic, and clinical sources, which provide practical guidance and information related to the delivery of treatment services to individuals experiencing alcohol and drug use disorders.

TAP 13: Confidentiality of Patient Records for Alcohol and Other Drug Treatment

Presents an overview of Federal alcohol and drug treatment confidentiality laws. Includes patient consent and qualified service organization forms. **BKD156**

TAP 14: Siting Drug and Alcohol Treatment Programs: Legal Challenges to the NIMBY Syndrome

Examines the remedies to challenge discriminatory zoning and siting decisions that result from the NIMBY (not in my backyard) syndrome. **BKD175**

TAP 17: Treating Alcohol and Other Drug Abusers in Rural and Frontier Areas: 1994 Award for Excellence Papers

Compiles contributions to the 1994 Award for Excellence Papers contest, sponsored jointly by CSAT and the National Rural Institute on Alcohol and Drug Abuse. **BKD174**

TAP 19: Counselor's Manual for Relapse Prevention With Chemically Dependent Criminal Offenders

Designed for the paraprofessional counselor, includes the Relapse Prevention Workbook for criminal offenders who are chemically dependent. **(SMA) 06-4217**

TAP 20: Bringing Excellence to Substance Abuse Services in Rural and Frontier America: 1996 Award for Excellence Papers

Presents winners of the 1996 Award for Excellence Papers contest, sponsored by CSAT and the National Rural Institute on Alcohol and Drug Abuse. **BKD220**

TAP 21: Addiction Counseling Competencies: The Knowledge, Skills, and Attitudes of Professional Practice

Provides updated guidelines to enhance the competencies of addiction practitioners and to foster improvements in the preparation of treatment professionals. **(SMA) 08-4171**

TAP 21-A: Competencies for Substance Abuse Treatment Clinical Supervisors

A companion to TAP 21, provides competencies that supervisors need to monitor, assess, and help improve the skills of counselors. **(SMA) 12-4243**

TAP 22: Contracting for Managed Substance Abuse and Mental Health Services: A Guide for Public Purchasers

Provides guidance on developing managed-care goals and initiatives in substance abuse/mental illness treatment. **BKD252**

TAP 23: Substance Abuse Treatment for Women Offenders: Guide to Promising Practices

Provides guidance to State and community-level policymakers who plan and fund substance abuse treatment and corrections programs. **(SMA) 08-3929**

TAP 24: Welfare Reform and Substance Abuse Treatment Confidentiality: General Guidance for Reconciling Need to Know and Privacy

Assists State alcohol and drug agencies, substance abuse treatment providers, and welfare officials in addressing confidentiality issues with respect to shared clients. **BKD336**

TAP 26: Identifying Substance Abuse Among TANF-Eligible Families

Provides a comprehensive review of policy and procedures with the goal of leading agencies to develop more effective practices. **(SMA) 05-4089**

TAP 28: The National Rural Alcohol and Drug Abuse Network Awards for Excellence 2004: Submitted and Award-Winning Papers

Presents seven papers that describe effective and innovative models of treatment and prevention in rural populations; showcases research on the challenges of providing services in rural areas. **(SMA) 12-4183**

TAP 29: Integrating State Administrative Records To Manage Substance Abuse Treatment System Performance

Provides implementation considerations and technical guidance for developing integrated-data systems to monitor performance and improve service quality. **(SMA) 12-4268**

TAP 30: Buprenorphine: A Guide for Nurses

Presents guidelines for nurses, advanced practice nurses, and nurse case managers on buprenorphine treatment for opioid addiction. **(SMA) 09-4376**

TAP 31: Implementing Change in Substance Abuse Treatment Programs

Offers administrators guidance on integrating evidenced-based practices into treatment programs, and suggests efficient solutions for implementing changes. **(SMA) 09-4377**

New! TAP 32: Clinical Drug Testing in Primary Care

Provides information that practitioners need when deciding whether to introduce drug testing in their practices, and gives guidance on implementing drug testing. **(SMA) 12-4668**

Other CSAT Products

COMMUNITY

Medication Assisted Treatment for the 21st Century: Community Education Kit

Includes materials that can be used by local alcohol and illicit drug treatment providers to educate about methadone and other medication-related options for treating opioid dependence. **F038**

MANUALS

Anger Management for Substance Abuse and Mental Health Clients: A Cognitive Behavioral Therapy Manual

Helps counselors teach anger management techniques in a group setting through a 12-week cognitive behavioral intervention (participants use the accompanying workbook, see below). Describes the anger cycle, conflict resolution, assertiveness skills, and anger control plans. **(SMA) 12-4213**

Also in Korean: **(SMA) 10-4615Korean**

Also in Spanish: **Programa Para El Manejo del Enojo en Clientes con Problemas de Abuso de Sustancias y Trastornos de Salud Mental: Un Manual de Psicoterapia Cognitiva-Conductual (SMA) BKD444S**

Anger Management for Substance Abuse and Mental Health Clients: Participant Workbook

Provides worksheets and homework assignments using the core concepts of the 12-week group cognitive behavioral therapy provided in the manual described above. **(SMA) 12-4210**

Also in Korean: **(SMA) 10-4616Korean**

Also in Spanish: **Programa Para El Manejo del Enojo en Clientes con Problemas de Abuso de Sustancias y Trastornos de Salud Mental: Cuaderno de Ejercicios Para el Participante (SMA) 08-4189**

Brief Counseling for Marijuana Dependence: A Manual for Treating Adults

Provides indepth instructions on conducting an assessment, two motivational enhancement sessions, six core skill topic sessions, and four elective skill topic sessions for clients who are interested in achieving abstinence from marijuana use. **(SMA) 09-4211**

CYT Series, Volume 1, Motivational Enhancement Therapy and Cognitive Behavioral Therapy for Adolescent Cannabis Users: 5 Sessions

Introduces providers to the motivational enhancement therapy/cognitive behavioral therapy approach to treating adolescents who use marijuana. Provides instructions on conducting individual and group sessions and worksheets, handouts, and sample posters. **(SMA) 05-4010**

CYT Series, Volume 2, The Motivational Enhancement Therapy and Cognitive Behavioral Therapy Supplement: 7 Sessions of Cognitive Behavioral Therapy for Adolescent Cannabis Users

Adds seven sessions to the treatment modules in volume 1. Provides lessons for teaching problemsolving techniques, managing anger and depression, improving communication skills, coping with cravings and urges, planning for high-risk situations, and coping with relapse. Includes reproducible posters and handouts, a glossary of terms, and therapist rating forms. **(SMA) 08-3954**

CYT Series, Volume 3, Family Support Network for Adolescent Cannabis Users

Provides instructions on implementing the family support network intervention to engage families in treatment. Instructs parents on signs of recovery and relapse, setting limits and boundaries, and improving communication. Includes reproducible handouts for parents and quality assurance forms to monitor the effectiveness of the sessions. **(SMA) 05-4103**

CYT Series, Volume 4, The Adolescent Community Reinforcement Approach for Adolescent Cannabis Users

Guides therapists and supervisors in using the adolescent community reinforcement approach with adolescents and caregivers. Provides exchanges between therapists and adolescents to illustrate how therapists help adolescents find or enhance reinforcers to abstinence, use community resources to support change, and develop family support. **(SMA) 08-3864**

CYT Series, Volume 5, Multidimensional Family Therapy for Adolescent Cannabis Users

Integrates family therapy and substance use treatment. Provides treatment in 15 sessions over 12 weeks. Uses case management techniques, and assesses the adolescent, the parents, the family's pattern of interacting, and the teen's and parents' interaction with other systems. Individualizes treatment for each teen and his or her family. **BKD388**

COCE Overview Paper 1: Definitions and Terms Relating to Co-Occurring Disorders

Provides definitions of terms associated with substance-related disorders, mental disorders, co-occurring disorders, and programs. **PHD1130**

COCE Overview Paper 2: Screening, Assessment, and Treatment Planning for Persons With Co-Occurring Disorders

Discusses the purpose, appropriate staffing, protocols, methods, advantages and disadvantages, and processes for integrated screening, assessment, and treatment planning for persons with COD as well as systems issues and financing. **PHD1131**

COCE Overview Paper 3: Overarching Principles To Address the Needs of Persons With Co-Occurring Disorders

Outlines 12 overarching principles for working with persons with co-occurring disorders. Principles are intended to help guide, but not define, system and clinical responses. **PHD1132**

Drug Testing in Child Welfare: Practice and Policy Considerations

Guides child welfare agency policymakers in developing practice and policy protocols regarding the use of drug testing in child welfare practice. Describes the practice and policy issues that policymakers must address to include drug testing in the comprehensive assessment and monitoring that child welfare agencies provide. **(SMA) 10-4556**

Matrix Series, Counselor's Treatment Manual: Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders

Contains all the material necessary for conducting the Individual/Conjoint, Early Recovery Skills, Relapse Prevention, and Social Support sessions in the Matrix Intensive Outpatient Treatment package. **(SMA) 08-4152**

Matrix Series, Counselor's Family Education Manual & CD With PowerPoints: Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders

Contains talking points, handouts, and PowerPoint slides for conducting the 12 Family Education sessions in the Matrix Intensive Outpatient Treatment package. **(SMA) 07-4153**

Matrix Series, Client's Handbook: Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders

Contains an introduction and welcome and all the handouts used in the Matrix Intensive Outpatient Treatment package except for those used in the Family Education sessions. **(SMA) 09-4154**

Matrix Series, Client's Treatment Companion: Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorder

Contains useful recovery tools and concepts that clients can carry with them in a pocket or purse. **(SMA) 12-4155**

Substance Abuse Relapse Prevention for Older Adults: A Group Treatment Approach

Presents a relapse-prevention intervention for counselors and other treatment providers working with older adults. Follows a cognitive behavioral and self-management approach. **(SMA) 05-4053**

REPORTS

Building Practice Improvement Collaboratives: Eleven Case Studies

Describes the experiences of grantees during the development of the program to overcome barriers in moving research into clinical practice. **BKD482**

Methadone Associated Mortality: Report of a National Assessment

Summarizes the data used by assessment experts to evaluate the nature and scope of methadone associated mortality and present their findings and recommendations. **BKD498**

National Expenditures for Mental Health Services and Substance Abuse Treatment, 1993–2003

Examines mental health and substance abuse treatment spending over 10 years by payers and providers. **(SMA) 07-4227**

Report on the Post-September 11 State Disaster Relief Grant Programs of SAMHSA's Center for Substance Abuse Treatment

Focuses on the activities undertaken by the 9 States that received CSAT grants under the Post-September 11 State Disaster Relief Grant Program. **BKD516**

Report to Congress on the Prevention and Treatment of Co-Occurring Substance Abuse Disorders and Mental Disorders

Describes treatment approaches, best practice models, and prevention efforts for addressing co-occurring substance use and mental disorders. Summarizes treatments provided, practices for preventing substance use disorders among clients with a mental disorder, evidence-based practices for treating co-occurring disorders, recommendations, and improvements to ensure provision of appropriate services. **BKD467**

Substance Abuse Specialists in Child Welfare Agencies and Dependency Courts: Considerations for Program Designers and Evaluators

Focuses on one particular model of collaboration; that is, the placing of substance abuse specialists in either child welfare offices or dependency courts. The purpose of co-locating substance abuse specialists is to ensure that parents are assessed as quickly as possible, to improve parent engagement and retention in treatment, to streamline entry into treatment, and to provide consultation to child welfare and dependency court workers. Briefly describes substance abuse specialist programs and their various components and includes findings from eight qualitative interviews of programs that place substance abuse specialists in child welfare offices or dependency courts. **(SMA) 10-4557**

Substance-Exposed Infants: State Responses to the Problem

Assesses State policy from the broadest perspective: prevention, intervention, identification, and treatment of prenatal substance exposure, including immediate and ongoing services for the infant, the mother, and the family. (SMA) 09-4369

TOOLS

Alcohol Use Among Older Adults: Pocket Screening Instruments for Health Care and Social Service Providers

Gives facts about alcohol and prescription drug abuse among older adults. Includes the AUDIT-C and CAGE brief alcohol screening instruments. (SMA) 02-3621

Classifying Skin Lesions of Injection Drug Users

Illustrates a classification system to identify skin lesions on people who inject drugs. AVD154

Confidentiality of Alcohol and Drug Abuse Patient Records Regulation and the HIPAA Privacy Rule: Implications for Alcohol and Substance Abuse Programs

Explains which programs must comply with the Privacy Rule, and outlines what compliance requires. PHD1083

Detoxification and Substance Abuse Treatment Training Manual

Provides training structure for introducing the concepts in TIP 45. (SMA) 09-4331

Disaster Recovery Resources for Substance Abuse Treatment Providers

Available online or as a CD, includes disaster substance abuse treatment resources and reference materials for substance abuse treatment providers. AVD227

Enhancing Motivation for Change Inservice Training

Provides training structure for introducing the concepts in TIP 35. (SMA) 08-4190

HIV/AIDS: Is Your Adult Client At Risk?

Provides questions and talking points to determine whether clients are engaging in risky behaviors. (SMA) 05-4033

Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs Inservice Training

Provides training structure for introducing the concepts in TIP 43. (SMA) 09-4341

A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals

Informs staff about appropriate diagnosis and treatment approaches that will help ensure the development or enhancement of effective lesbian-, gay-, bisexual-, and transgender-sensitive programs. (SMA) 09-4104

Reference and Resource Guide for Working With Hispanic/Latino Older Adults

Helps providers incorporate appropriate cultural elements into their treatment strategies for older Hispanic/Latino populations. (SMA) 10-4570 (Available only at <http://www.kap.samhsa.gov>)

Screening and Assessment for Family Engagement, Retention, and Recovery (SAFERR)

Presents the SAFERR model for helping staff of public and private agencies respond to families affected by substance use disorders and is based on the premise that when parents misuse substances and mistreat their children, the only way to make sound decisions is to draw from the talents and resources of at least three systems: child welfare, alcohol and drug abuse treatment, and the courts. (SMA) 08-4261

Substance Abuse Treatment for Persons With Co-Occurring Disorders Inservice Training

Provides training structure for introducing the concepts in TIP 42. (SMA) 08-4262

Successful Strategies for Recruiting, Training, and Utilizing Volunteers: A Guide to Faith- and Community-Based Service Providers

Examines recruiting, training, managing, and evaluating volunteers. Covers background checks for volunteers, and provides sample mission statements, volunteer applications forms, and agreements. (SMA) 08-4005

Talking With Your Adult Patients About Alcohol, Drug, and/or Mental Health Problems

Assists professional in talking to patients about alcohol, drug, and mental disorders. (SMA) 10-4584

Therapeutic Community Curriculum: Participant's Manual

Provides the materials participants need to complete the 11-module *Therapeutic Community Curriculum* (see below). (SMA) 09-4122

Therapeutic Community Curriculum: Trainer's Manual and CD

Provides materials for an 11-module training to help new employees in a therapeutic community (TC) understand TC concepts and experienced staff members enhance their knowledge of TC practices. (SMA) 09-4121

Understanding Substance Abuse and Facilitating Recovery: A Guide for Child Welfare Workers

Provides introductory guidance for child welfare workers about substance use disorders and treatment and recovery. (SMA) 05-3981

VIDEOS

Heroin: What's the Real Dope? (Myths, Facts & Illicit Drugs Series) Videoguide/Booklet

Provides information about what heroin is, what it does, why it seems so appealing, and what its dangers are. **VHS145G**

Matrix Intensive Outpatient Treatment For People With Stimulant Use Disorders Family Education Videos

Educates family members of those in recovery about substance abuse disorders. Three sessions cover triggers and cravings; phases of recovery; and typical family reactions to the stages of addiction and recovery and how they can best support their loved one. **(SMA) 11-4637**

The Road to Recovery

The first installment in a seven-part series of Webcasts, discusses and illuminates key issues related to the 2001 Recovery Month observance (September 2001), and includes on-camera appearances by CSAT Director Dr. H. Westley Clark and Recovery Month partners from across the country. **(SMA) 09-4382**

The Road to Recovery: Addiction by Prescription

Indicates who is misusing prescription medicines and how these addictions may differ from addictions to illicit drugs. **DVD182**

The Road to Recovery: Alcohol and Drug Use Screening, Intervention, and Referral: Changing the Nation's Approach to Comprehensive Health Care

Looks at changing the process of screening, intervention, and referral to get more people the addiction treatment they need. **DVD183**

The Road to Recovery: The Individual and Familial Dynamics of Recovery

Highlights the struggles of individuals and families in recovery and the successful strategies they use to heal and maintain sobriety, and provides insights into conducting interventions and helpful tips for children, parents, grandparents, and caregivers for dealing with addiction in the family. **DVD185**

The Road to Recovery Presents: The Role of Faith- and Community-Based Systems of Addiction Treatment and Recovery

Explains the beneficial role that faith and spirituality play in the prevention of drug and alcohol abuse and in programs designed to treat and promote recovery from alcohol and drug use and mental disorders. **DVD187**

The Road to Recovery: Rethinking the Demographics of Addiction—Helping Older Adults Find Recovery

Explains that researchers are realizing the pervasiveness of substance use disorders among people ages 60 and older. Highlights ways to help older adults receive the addiction treatment they need. **DVD184**

Treatment 101: The Science and Methodologies of Treating Alcohol and Drug Use Disorders

Examines recent scientific and methodological advances in addiction treatment, and explores how they have improved and diversified addiction treatment services. **VHS204**

E-LEARNING MODULES

The following online courses are available at <http://kap-elearning.samhsa.gov>. Users who successfully complete each course receive 1 continuing education unit.

Acamprosate: A New Medication for Alcohol Use Disorders

Introduces substance abuse treatment professionals to the medication acamprosate, explains how to use it to treat clients with alcohol use disorders, and provides information that should be discussed with clients and prescribing professionals. **(Available only at <http://www.kap.samhsa.gov>)**

Organizational Development: Governance and the Board of Directors

Presents information about governance and the responsibilities, recruitment, and retention of boards of directors for nonprofit community-based organizations that provide substance abuse treatment. **(SMA) 10-4577**

Organizational Development: Marketing as Collaboration

Presents basic marketing approaches and tools for use by nonprofit community-based organizations that provide substance abuse treatment. Offers suggestions about applying marketing techniques to increase the number of client referrals, designing marketing materials, conducting marketing research, and developing marketing plans. **(SMA) 10-4578**

Organizational Development: Using Financial Information as a Nonfinancial CEO

Provides training for managers in substance abuse treatment organizations who do not have experience in accounting or finance. Explains general financial principles and how to apply them effectively. **(SMA) 10-4576**

Prescription Medication (Part 1): Misuse, Abuse, and Dependence

Instructs substance abuse treatment professionals about prescription medication use, abuse, misuse, and dependence. Presents trends in the use of prescription medications, and compares medication classes. **(SMA) 10-4575**

Prescription Medication (Part 2): Addressing Addiction

Follows on the above course, and provides information for substance abuse treatment professionals about treating clients who are addicted to prescription medications. Includes information about screening, assessment, and treatment planning. **(SMA) 10-4575**

CSAT Serials

SUBSTANCE ABUSE IN BRIEF FACT SHEET

Identifying and Helping Patients With Co-Occurring Substance Use and Mental Disorders: A Guide for Primary Care Providers

Explores the relationship between co-occurring substance use and mental disorders, including the identification of patients with co-occurring disorders and providing appropriate treatment. **MS994**

An Introduction to Mutual Support Groups for Alcohol and Drug Abuse

Explains different types of mutual support groups and the effect they have on recovery. **(SMA) 08-4336**

Pain Management Without Psychological Dependence: A Guide for Healthcare Providers

Provides healthcare providers with research-based information on how to provide pain management while avoiding psychological dependence on opioids. **MS993**

Treating Alcohol Problems

Discusses identifying problem alcohol use, applying brief interventions, and providing supportive services and appropriate treatments. **MS940**

What You Should Know About Alcohol Problems

Defines alcohol problems, abuse, and dependence; establishes criteria for identifying alcohol dependence; and explains treatment approaches. **(SMA) 09-4102**

IN BRIEF

New! Behavioral Health Issues Among Afghanistan and Iraq U.S. War Veterans

Provides an introduction to the behavioral health problems facing Operation Enduring Freedom and Operation Iraqi Freedom veterans and can help healthcare and social service professionals understand veterans' needs. **(SMA) 12-4670**

Substance Use Disorders in People With Physical and Sensory Disabilities

Helps vocational rehabilitation professionals, physical therapists, and others who work with people with physical and sensory disabilities better understand substance use disorders (SUDs) and assist clients in finding accessible SUD treatment services. **(SMA) 11-4648**

SUBSTANCE ABUSE TREATMENT ADVISORY

Acamprosate: A New Medication for Alcohol Use Disorders

Describes how acamprosate works, compares it with other treatment medications, and provides guidance on incorporating into treatment programs. **MS974**

Anabolic Steroids

Alerts treatment providers to the dangers of steroid use and abuse and to the possibility of steroids as gateway drugs to other substances. **MS991**

Emerging Issues in the Use of Methadone

Presents information on the increase in deaths related to methadone, particularly in combination with other substances or some medications. **(SMA) 09-4368**

GHB: A Club Drug To Watch

Explains the dangers of abuse, and describes withdrawal, dependence, and overdose. **(SMA) 03-3766**

Inhalants

Describes what inhalants are, modes of administration, products that can be abused, long-term effects of abuse, and effective treatment. **MS922**

Naltrexone for Extended-Release Injectable Suspension for Treatment of Alcohol Dependence

Discusses the new formulation of naltrexone, compares oral and injectable naltrexone, and describes ways to use in treatment programs. **(SMA) 07-4267**

OxyContin®: Prescription Drug Abuse, 2008 Revision

Discusses abuse of the prescription drug OxyContin. Contains answers to frequently asked questions and specific treatment protocols. **(SMA) 08-4138**

Prescription Medications: Misuse, Abuse, Dependence, and Addiction

Addresses prescription misuse, abuse, dependence, and addiction. Provides information on how to identify and ways to treat medication misuse. **(SMA) 12-4175**

Protracted Withdrawal

Provides an overview of protracted withdrawal signs and symptoms. Offers suggestions to help clients manage symptoms. **(SMA) 10-4554**

Treating Clients With Traumatic Brain Injury

Provides guidance on working with clients affected by traumatic brain injury, **(SMA) 10-4591**

ADVISORY

An Introduction to Extended-Release Injectable Naltrexone for the Treatment of People with Opioid Dependence

Gives an overview of extended-release injectable naltrexone (Vivitrol), a treatment for people with opioid dependence. Discusses how it differs from other medication-assisted treatments, safety concerns, and patients most likely to benefit from this treatment. **(SMA) 12-4682**

Clients With Substance Use and Eating Disorders

Provides information about the various types of eating disorders (EDs) and guidance on how to screen clients in substance use disorder treatment for EDs, refer them to ED treatment as appropriate, and support their recovery. **(SMA) 10-4617**

Rapid HIV Testing in Substance Abuse Treatment Facilities

Describes rapid HIV testing and reviews the benefits of its use in substance abuse treatment facilities. Reviews testing regulations and outlines the procedures for implementing the testing. **(SMA) 11-4662**

The Role of Biomarkers in the Treatment of Alcohol Use Disorders, 2012 Revision

Reviews recent scientific information about biomarkers and discusses their relevance for clinical and medical purposes. **(SMA) 12-4686**

Tobacco Use Cessation During Substance Abuse Treatment Counseling

Offers addiction counselors an introduction to tobacco use cessation during substance abuse treatment. Discusses screening and effective treatment approaches to quitting including cessation medications, and practical and supportive counseling. **(SMA) 11-4636CLIN**

Tobacco Use Cessation Policies In Substance Abuse Treatment: Administrative Issues

Equips substance use treatment program administrators with information to implement tobacco-free policies and practices in treatment settings. Discusses challenges and strategies to developing clinical guidelines for treating tobacco dependence. **(SMA) 11-4636ADMIN**

CSAT Client Products

Aging, Medicines and Alcohol

Gives indicators of possible alcohol- or medication-related problems and suggestions for taking action. Lists national hotlines and Web sites. (SMA) 12-3619

Also in Spanish:

El Envejecimiento, los Medicamentos y el Alcohol (SMA) 12-3898

Alcohol and Drug Treatment

Explains the components of substance abuse treatment, and describes their use in helping clients involved in the criminal justice system. (SMA) 07-4292

Also in Spanish:

El Tratamiento para el Abuso de las Drogas y el Alcohol (SMA) 08-4320

Are You in Recovery From Alcohol or Drug Problems? Know Your Rights

Helps those in recovery understand their rights under Federal laws that protect against discrimination.

PHD1091

Also in Spanish: PHD1091S

As You Age...A Guide to Aging, Medicines, and Alcohol

Provides information on how medications and alcohol affect older adults. Includes steps to avoid harmful reactions and signals indicating a substance-related problem. (SMA) 04-3940

Drugs, Alcohol and HIV/AIDS: A Consumer Guide

Provides information for consumers on HIV/AIDS and substance abuse. (SMA) 08-4127 Also in Spanish:

Drogas, Alcohol y el VIH/SIDA: Una Guía Para Su Salud (SMA) 12-4181

Drugs, Alcohol and HIV/AIDS: A Consumer Guide for African Americans

Provides information specific for African Americans on HIV/AIDS and substance abuse. (SMA) 07-4248

El alcohol y la Depresión: El Camino de Jorge Hacia una Vida Mejor

Uses photographs with captions to illustrate the need to address co-occurring substance use and mental disorders during recovery. In Spanish only (SMA) 10-4574

Faces of Change: Do I Have a Problem With Alcohol or Drugs?

Provides a treatment assistance option for clients with reading-level barriers by pictorially introducing concept and stages of motivational recovery. (SMA) 08-4174

The Facts About Buprenorphine

Describes how buprenorphine works and how it fits into the overall recovery process. Directed at clients entering treatment. (SMA) 09-4442 Also in Spanish:

Información sobre la Buprenorfina (SMA) 10-4442SPANISH

The Facts About Naltrexone

Describes how naltrexone works and how it fits into the overall recovery process. Directed at clients entering treatment. (SMA) 09-4444 Also in Spanish:

Información sobre la Naltrexona (SMA) 10-4444SPANISH

Good Mental Health is Ageless

Gives indicators of possible mental health problems. Lists national hotlines and Web sites. PHD881 Also in Spanish:

La Buena Salud Mental No Tiene Edad (SMA) 12-3897

Helping Yourself Heal: A Recovering Man's Guide to Coping With the Effects of Childhood Abuse

Provides guidance for men with substance use disorders who were abused as children. (SMA) 12-4134 Also in Spanish:

Ayudando a Sanarse a Sí Mismo: Una Guía para Hombres en Recuperación para Ayudarles a Enfrentar los Problemas Asociados con el Abuso Infantil PHD1059S

Helping Yourself Heal: A Recovering Woman's Guide to Coping With Childhood Abuse Issues

Provides guidance for women with substance use disorders who were abused as children. (SMA) 12-4132 Also in Spanish:

Ayudando a Sanarse a Sí Mismo: Una Guía para Mujeres en Recuperación para Ayudarles a Enfrentar los Problemas Asociados con el Abuso Infantil (SMA) 12-4133

Medication-Assisted Treatment for Opioid Addiction: Facts for Families and Friends

Directed at families and friends of patients entering opioid addiction treatment, describes medication options, the proper use of medications, and common side effects. (SMA) 09-4443 Also in Spanish:

Tratamiento con ayuda de medicamentos para la adicción a los opiáceos (SMA) 10-4443SPANISH

Motivación para el Cambio

Uses photographs with captions to show the dangers people face when they have a substance use disorder and the consequences that can result. In Spanish only. **(SMA) 06-4170**

The Next Step Toward a Better Life

Provides information on what to expect after detoxification, encourages entry into substance abuse treatment, and presents ways to prevent relapse. **(SMA) 12-4474**

Older Adults and Substance Use Disorders: A Guide to Recovery From Misuse, Dependency or Addiction Problems

Defines a substance use disorder, provides signs to look for, and offers resources for finding help. **PHD1079**

Overcoming Substance Use and Mental Disorders: A Guide to Recovery From Co-Occurring Disorders

Explains what co-occurring disorders are, provides symptoms of a co-occurring disorder, and offers resources for finding help. **PHD1078**

Should You Talk to Someone About a Drug, Alcohol, or Mental Health Problem?

Assists in persuading people with substance use or mental disorders to seek further evaluation. **(SMA) 10-4585**

Substance Use Disorders in the Workplace: A Guide to Recovery for Employees

Describes a substance use disorder, provides clues to determining whether a substance use disorder exists, highlights the laws concerning discriminating against individuals recovering from a substance use disorder, and offers resources for finding help. **PHD1081**

What Is Substance Abuse Treatment? A Booklet for Families

Created for family members of those dependent on alcohol or illicit drugs, answers questions often asked by families of people entering treatment. Offers a resources section with additional information and a list of support groups. **(SMA) 08-4126** Also in Spanish: ***¿Qué es el Tratamiento para el Abuso de Sustancias? Un Folleto para las Familias*** **(SMA) 08-4098**

Online Multi-Language Initiative Products

AVAILABLE ON SAMHSA's KAP WEB SITE (<http://www.kap.samhsa.gov>)

Aging, Medicines and Alcohol

Contains information for older adults on alcohol use and medication-related problems. *(Cambodian [Khmer], Chinese, Korean, Russian, Spanish, and Vietnamese versions are at <http://www.kap.samhsa.gov>.)*

Alcohol and Drug Treatment

Explains the components of substance abuse treatment, and describes their use in helping clients in the criminal justice system. *(Cambodian [Khmer], Chinese, Korean, Russian, Spanish, and Vietnamese versions are at <http://www.kap.samhsa.gov>.)*

Anger Management for Substance Abuse and Mental Health Clients: A Cognitive Behavioral Therapy Manual

(Korean and Spanish versions are at <http://www.kap.samhsa.gov>.)

Anger Management for Substance Abuse and Mental Health Clients: Participant Workbook

(Korean and Spanish versions are at <http://www.kap.samhsa.gov>.)

Drugs, Alcohol and HIV/AIDS

Provides information for consumers on HIV/AIDS and substance abuse. *(Cambodian [Khmer], Chinese, Korean, Russian, Spanish, and Vietnamese versions are at <http://www.kap.samhsa.gov>.)*

Good Mental Health is Ageless

Provides information for older adults about the symptoms of depression and talking with physicians. *(Cambodian [Khmer], Chinese, Korean, Russian, Spanish, and Vietnamese versions are at <http://www.kap.samhsa.gov>.)*

Helping Yourself Heal: A Recovering Man's Guide to Coping With the Effects of Childhood Abuse

Helps men entering treatment understand feelings that can surface about abuse they experienced as children. *(Chinese and Spanish versions are at <http://www.kap.samhsa.gov>.)*

Helping Yourself Heal: A Recovering Woman's Guide to Coping With Childhood Abuse Issues

Helps women entering treatment understand feelings that can surface about the abuse they experienced as children. *(Cambodian [Khmer], Chinese, Korean, Russian, Spanish, and Vietnamese versions are at <http://www.kap.samhsa.gov>.)*

Inhalant Abuse: Your Child at Risk!

Provides information on why young people use inhalants, what they use, and the symptoms of use. *(Navajo and Spanish versions are at <http://www.kap.samhsa.gov>.)*

Mind Over Matter Series: The Brain's Response to Inhalants

Provides information about how drugs act in the brain and body. *(Navajo and Spanish versions are at <http://www.kap.samhsa.gov>.)*

Motivación para el Cambio

Uses photographs with captions to help the reader recognize the dangers people face when they have a substance use disorder and the consequences that can result. *(Spanish version is at <http://www.kap.samhsa.gov>.)*

A Parent's Guide to Preventing Inhalant Abuse

Explains inhalant abuse and its effects, describes the symptoms of abuse, recommends discussing the issue openly with children, and provides resources for additional information. *(Navajo version is at <http://www.kap.samhsa.gov>. English and Spanish versions are available from the Consumer Product Safety Commission at <http://www.cpsc.gov>.)*

Programa Para El Manejo del Enojo en Clientes con Problemas de Abuso de Sustancias y Trastornos de Salud Mental: Un Manual de Psicoterapia Cognitiva-Conductual

Helps counselors teach anger management skills through a 12-week cognitive behavioral intervention group (participants use a workbook, see below). Describes the anger cycle, conflict resolution, assertiveness skills, and anger control plans.

Programa Para El Manejo del Enojo en Clientes con Problemas de Abuso de Sustancias y Trastornos de Salud Mental: Cuaderno de Ejercicios Para el Participante

Provides worksheets and homework assignments using the concepts of the 12-week group cognitive behavioral therapy provided in the manual described above. *(Spanish version is at <http://www.kap.samhsa.gov>.)*

Tips for Teens: The Truth About Inhalants

Provides facts and dispels myths about substance use, and presents information about long- and short-term effects, physical and psychological risks, and where to get help. *(Navajo and Spanish versions are at <http://www.kap.samhsa.gov>. English version is available from <http://www.store.samhsa.gov>.)*

What Is Substance Abuse Treatment? A Booklet for Families

Answers questions often asked by family members and significant others of people entering treatment. Offers a resources section with additional information and a list of support groups. *(Chinese, Korean, Russian, Spanish, and Vietnamese versions are at <http://www.kap.samhsa.gov>.)*

CSAT Publications

ORDERING INFORMATION

1. Call 1-877-SAMHSA-7 (1-877-726-4727) (English and Español)
2. Visit any of the following Web sites:
 - SAMHSA: <http://www.samhsa.gov>
 - SAMHSA Store: <http://www.store.samhsa.gov>
 - SAMHSA's KAP products: <http://www.kap.samhsa.gov>
 - National Library of Medicine: <http://www.nlm.nih.gov> (for TIPs)