

Substance Abuse and Mental Health Services Administration

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Center for Substance Abuse Treatment

# CSAT Publications Catalog

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U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Substance Abuse Treatment  
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May 2003

## CSAT TIPs and Publications Based on TIPs



### What Is a TIP?

Treatment Improvement Protocols (TIPs) are the products of a systematic and innovative process that brings together clinicians, researchers, program managers, policymakers, and other Federal and non-Federal experts to reach consensus on state-of-the-art treatment practices. Funded by the Substance Abuse Prevention and Treatment Block Grant, TIPs have been developed to improve the treatment capabilities of the Nation's alcohol and drug abuse treatment service system.



### What Is a Quick Guide?

A Quick Guide clearly and concisely presents the information from a TIP in a pocket-sized booklet. Each Quick Guide is divided into sections to help readers quickly locate relevant material. Some contain glossaries of terms or lists of resources. Page numbers from the original TIP are referenced so providers can refer back to the source document for more information.



### What Are KAP Keys?

Also based on TIPs, KAP Keys are handy, durable tools. Keys may include assessment or screening instruments, checklists, and summaries of treatment phases. Printed on coated paper, each KAP Keys set is fastened together with a key ring and can be kept within a treatment provider's reach and consulted frequently. The Keys allow you—the busy clinician or program administrator—to locate information easily and to use this information to enhance treatment services.

**TIP 1\*** **State Methadone Treatment Guidelines**—Provides guidelines for State agencies, policymakers, and methadone treatment providers on effective treatment practices and care. *253 pages. BKD98*

**TIP 2** **Pregnant, Substance-Using Women**—Informs and encourages treatment programs to broaden and strengthen services for women, particularly pregnant women who abuse substances. *101 pages. BKD107*

**Quick Guide for Clinicians** QGCT02  
**KAP Keys for Clinicians** KAPTO2

**TIP 3** **Screening and Assessment of Alcohol- and Other Drug-Abusing Adolescents**—Describes strategies, procedures, and instruments appropriate for initial detection, comprehensive assessment, and treatment planning for adolescents. *278 pages. BKD108*

**TIP 4** **Guidelines for the Treatment of Alcohol- and Other Drug-Abusing Adolescents**—Companion volume to TIP 3, provides guidelines to treatment programs for design and delivery of effective services for adolescents. *117 pages. BKD109*

**TIP 5** **Improving Treatment for Drug-Exposed Infants**—Educates and informs about medical and psychosocial services for drug-exposed infants up to 18 months of age and their families. *101 pages. BKD110*

**TIP 6** **Screening for Infectious Diseases Among Substance Abusers**—Guides healthcare providers on designing, delivering, and improving treatment for those at risk for infectious diseases in a variety of settings. *175 pages. BKD131*  
**Quick Guide for Clinicians** QGCT06  
**KAP Keys for Clinicians** KAPTO6

**TIP 7\*** **Screening and Assessment for Alcohol and Other Drug Abuse Among Adults in the Criminal Justice System**—With TIPs 12 and 17, is the first volume in a series designed to assist healthcare and criminal justice agencies. Identifies specific screening and assessment tools to ensure appropriate program referral. *138 pages. BKD138*  
**Quick Guide for Clinicians** QGCT07  
**KAP Keys for Clinicians** KAPTO7

**TIP 8\*** **Intensive Outpatient Treatment for Alcohol and Other Drug Abuse**—Addresses the clinical viability and utility of intensive outpatient treatment (IOT) services within the local continuum of care. *113 pages. BKD139*

**TIP 9\*** **Assessment and Treatment of Patients With Coexisting Mental Illness and Alcohol and Other Drug Abuse**—Informs providers of recommends strategies and techniques to enhance treatment services to individuals with coexisting mental health and substance abuse disorders. *123 pages. BKD134*  
**Quick Guide for Clinicians** QGCT09  
**KAP Keys for Clinicians** KAPTO9

\*Scheduled for revision

**TIP 10\* Assessment and Treatment of Cocaine-Abusing Methadone-Maintained Patients**—Addresses the treatment needs of methadone patients using opioids and stimulants, especially cocaine and crack cocaine. *129 pages. BKD157*  
**Quick Guide for Clinicians QGCT10**  
**KAP Keys for Clinicians KAPT10**

**TIP 11 Simple Screening Instruments for Outreach for Alcohol and Other Drug Abuse and Infectious Diseases**—Presents two screening instruments designed for rapid administration by a wide range of providers and ease of scoring and interpretation. *83 pages. BKD143*  
**Quick Guide for Clinicians QGCT11**  
**KAP Keys for Clinicians KAPT11**

**TIP 12\* Combining Substance Abuse Treatment With Intermediate Sanctions for Adults in the Criminal Justice System**—With TIPs 7 and 17, is the second volume in a series designed to assist healthcare and criminal justice agencies. Provides information to enhance the linkage of treatment services for offenders assigned to intermediate sanctions. Discusses planning, policy, ethical, and legal issues. *110 pages. BKD144*  
**Quick Guide for Clinicians QGCT12**  
**KAP Keys for Clinicians KAPT12**

**TIP 13 Role and Current Status of Patient Placement Criteria in the Treatment of Substance Use Disorders**—Describes the need for and value of standardized patient placement criteria (PPC) and lays the groundwork for a concerted effort to develop national uniform patient placement criteria. *83 pages. BKD161*  
**Quick Guide for Clinicians QGCT13**  
**Quick Guide for Administrators QGAT13**  
**KAP Keys for Clinicians KAPT13**

**TIP 14 Developing State Outcomes Monitoring Systems for Alcohol and Other Drug Abuse Treatment**—Assists State agencies and staff in developing, implementing, and managing outcomes monitoring systems for substance abuse treatment programs to increase accountability for treatment expenditures. *106 pages. BKD162*

**TIP 15 Treatment for HIV-Infected Alcohol and Other Drug Abusers**—Identifies a spectrum of core services and treatment approaches that ideally should be available to all individuals who are infected with HIV and who abuse substances, regardless of the setting in which they receive treatment. *182 pages. BKD163*

**TIP 16 Alcohol and Other Drug Screening of Hospitalized Trauma Patients**—Describes the significant role that alcohol and drugs play in traumatic injury—especially reinjury. Outlines a comprehensive assessment procedure and brief intervention techniques. *107 pages. BKD164*  
**Quick Guide for Clinicians QGCT16**  
**KAP Keys for Clinicians KAPT16**

**TIP 17\* Planning for Alcohol and Other Drug Abuse Treatment for Adults in the Criminal Justice System**—With TIPs 7 and 12, is the third volume in a series designed to assist healthcare and criminal justice agencies. Enables the criminal justice and alcohol and drug treatment systems to systematically promote alcohol and drug treatment for criminal offenders and enhance its effectiveness. *125 pages. BKD165*  
**Quick Guide for Clinicians QGCT17**  
**Quick Guide for Administrators QGAT17**  
**KAP Keys for Clinicians KAPT17**

**TIP 18 The Tuberculosis Epidemic: Legal and Ethical Issues for Alcohol and Other Drug Abuse Treatment Providers**—Summarizes the latest advice and recommended protocols for dealing with the threat of tuberculosis (TB) in the substance abuse treatment setting. Promotes cooperation with public health officials and others in preventing the transmission of TB in substance abuse treatment facilities. *145 pages. BKD173*  
**Quick Guide for Clinicians QGCT18**  
**KAP Keys for Clinicians KAPT18**

**TIP 19 Detoxification From Alcohol and Other Drugs**—Presents comprehensive guidelines useful to individuals involved in planning, evaluating, and providing detoxification services. *104 pages. BKD172*  
**Quick Guide for Clinicians QGCT19**  
**KAP Keys for Clinicians KAPT19**

**TIP 20\* Matching Treatment to Patient Needs in Opioid Substitution Therapy**—Outlines a comprehensive assessment process for identifying patient needs and describes core treatment elements to address those needs. *146 pages. BKD168*  
**Quick Guide for Clinicians QGCT20**  
**KAP Keys for Clinicians KAPT20**

\*Scheduled for revision

**TIP 21 Combining Alcohol and Other Drug Abuse Treatment With Diversion for Juveniles in the Justice System**—Introduces a model that concentrates on diverting youth already involved with the juvenile justice system from further penetration into the system by providing appropriate substance abuse treatment. *140 pages. BKD169*  
**Quick Guide for Clinicians and Administrators** QGCA21

**TIP 22\* LAAM in the Treatment of Opiate Addiction**—Summarizes current knowledge about the use of levo-alpha acetyl methadol (LAAM), an opioid agonist medication approved for use by the Food and Drug Administration in 1993. Separate chapters describe treatment planning, program administration, and regulatory and ethical issues. *75 pages. BKD170*

**TIP 23 Treatment Drug Courts: Integrating Substance Abuse Treatment With Legal Case Processing**—Provides clinicians, administrators, and policymakers with the information to plan, implement, monitor, and evaluate treatment drug courts. Presents relevant information on financial, legal, and ethical issues. *74 pages. BKD205*  
**Quick Guide for Administrators** QGAT23

**TIP 24 A Guide to Substance Abuse Services for Primary Care Clinicians**—Provides primary care clinicians specific guidance on identifying indications of substance abuse, how to broach the subject with a patient, and what screening and assessment instruments to use. *185 pages. BKD234*  
**Concise Desk Reference Guide** BKD123  
**Quick Guide for Clinicians** QGCT24  
**KAP Keys for Clinicians** KAPT24

**TIP 25 Substance Abuse Treatment and Domestic Violence**—Presents treatment providers with an introduction to the field of domestic violence. Supplies useful techniques for detecting and eliciting such information, along with ways to modify treatment to ensure victims' safety and to stop the cycle of violence in the lives of the battered and the batterer. *171 pages. BKD239*  
**Linking Substance Abuse Treatment and Domestic Violence Services: A Guide for Treatment Providers** MS668  
**Linking Substance Abuse Treatment and Domestic Violence Services: A Guide for Administrators** MS667  
**Quick Guide for Clinicians** QGCT25  
**KAP Keys for Clinicians** KAPT25

**TIP 26 Substance Abuse Among Older Adults**—Recommends best practices for identifying, screening, assessing, and treating alcohol and prescription drug abuse among people age 60 and older. *196 pages. BKD250*  
**Substance Abuse Among Older Adults: A Guide for Treatment Providers** MS669  
**Substance Abuse Among Older Adults: A Guide for Social Service Providers** MS670  
**Substance Abuse Among Older Adults: Physician's Guide** MS671  
**Alcohol Use Among Older Adults** PHD883  
**Quick Guide for Clinicians** QGCT26  
**KAP Keys for Clinicians** KAPT26

**TIP 27 Comprehensive Case Management for Substance Abuse Treatment**—Describes models of case management, guidance to linkages with other service agencies, and practical information on adapting treatment programs to the managed care environment. Includes requirements needed to perform case management referral and service coordination activities. *139 pages. BKD251*  
**Case Management for Substance Abuse Treatment: A Guide for Treatment Providers** MS673  
**Case Management for Substance Abuse Treatment: A Guide for Administrators** MS672  
**Quick Guide for Clinicians** QGCT27  
**Quick Guide for Administrators** QGAT27

**TIP 28 Naltrexone and Alcoholism Treatment**—Describes current knowledge of naltrexone—the medication itself, mode of action, adverse effects, drug interactions, and guidelines for patients who may benefit from naltrexone. *115 pages. BKD268*  
**Naltrexone and Alcoholism Treatment: Physician's Guide** MS674  
**Quick Guide for Clinicians** QGCT28  
**KAP Keys for Clinicians** KAPT28

**TIP 29 Substance Use Disorder Treatment for People With Physical and Cognitive Disabilities**—Defines issues in providing treatment to people with coexisting disabilities and provides guidance in treatment planning and counseling and in forming linkages with other service providers. Includes comprehensive lists of resources and a guide to compliance with the Americans With Disabilities Act (ADA). *178 pages. BKD288*  
**Quick Guide for Clinicians** QGCT29  
**Quick Guide for Administrators** QGAT29  
**KAP Keys for Clinicians** KAPT29

**TIP 30 Continuity of Offender Treatment for Substance Use Disorders From Institution to Community—**

Spotlights the importance of transition when an offender who received substance abuse treatment while incarcerated is released into the community. Provides those who work in the justice system and in community-based programs with guidelines to ensure continuity of care for the offender client. *144 pages. BKD304*

**Quick Guide for Clinicians** QGCT30  
**KAP Keys for Clinicians** KAPT30

**TIP 31 Screening and Assessing Adolescents for**

**Substance Use Disorders—**A revised edition of TIP 3 and a companion volume to TIP 32, provides guidelines for evaluating, developing, and administering screening and assessment instruments for young people. Provides summaries and access to instruments but endorses no specific tools. *161 pages. BKD306*

See companion products for TIP 32.

**TIP 32 Treatment of Adolescents With Substance Use Disorders—**

A revised edition of TIP 4 and companion volume to TIP 31, reflects recent research findings on the effectiveness of various treatment components and modalities for adolescents who use substances. *152 pages. BKD307*

**Quick Guide for Clinicians** QGC312  
**KAP Keys for Clinicians** KAP312

**TIP 33 Treatment for Stimulant Use Disorders—**

Highlights recent research findings to describe effective strategies and treatment approaches to meeting specific needs of individuals who use stimulants. Includes more than 40 client worksheets to assist providers. *249 pages. BKD289*

**Quick Guide for Clinicians** QGCT33  
**KAP Keys for Clinicians** KAPT33

**TIP 34 Brief Interventions and Brief Therapies for**

**Substance Abuse—**Is intended primarily for counselors and therapists working in the substance abuse treatment field but is of value to other audiences, including healthcare workers, social services providers, clergy, teachers, and criminal justice personnel. *260 pages. BKD341*

**Quick Guide for Clinicians** QGCT34  
**KAP Keys for Clinicians** KAPT34

**TIP 35 Enhancing Motivation for Change in Substance Abuse Treatment—**

Describes different motivational interventions that can be used at all stages of change, from precontemplation and preparation to action and maintenance. *269 pages. BKD342*

**Quick Guide for Clinicians** QGCT35  
**KAP Keys for Clinicians** KAPT35

**TIP 36 Substance Abuse Treatment for Persons With Child Abuse and Neglect Issues—**

Examines treatment issues for both adult survivors of child abuse or neglect and adults in treatment who may be abusing or neglecting their own children. *205 pages. BKD343*

**Helping Yourself Heal—**A Recovering Woman's Guide to Coping With Childhood Abuse Issues  
*PHD981*

**Quick Guide for Clinicians** QGCT36  
**KAP Keys for Clinicians** KAPT36

**TIP 37 Substance Abuse Treatment for Persons With HIV/AIDS—**

Provides a comprehensive overview of how substance abuse treatment centers in HIV-epicenters attend to the multiple needs of their patients: substance abuse, HIV/AIDS, and other medical, behavioral, psychological, and social needs. Addresses mental health care and counseling issues of people who are HIV infected and abuse substances. *342 pages. BKD359*

**Fact Sheet** MS676

**TIP 37 Preview** MS677

**Quick Guide for Clinicians** MS678  
**KAP Keys for Clinicians** KAPT37

**TIP 38 Integrating Substance Abuse Treatment and Vocational Services—**

Describes available vocational services and resources and presents clinical issues related to integrating vocational services into a substance abuse treatment plan. Discusses policy and funding and explains the recent regulation that affects employment and substance abuse treatment. *225 pages. BKD381*

**Quick Guide for Clinicians** QGCT38

**Quick Guide for Administrators** QGAT38

**KAP Keys for Clinicians** KAPT38



## CSAT TAPs

Technical Assistance Publications (TAPs) are a compilation of written materials gathered from various Federal, State, programmatic, and clinical sources, which provide practical guidance and information related to the delivery of treatment services to individuals suffering from alcohol and drug abuse disorders.

### **TAP 1 Approaches in the Treatment of Adolescents with Emotional and Substance Abuse**

**Problems**—Reviews the impact of alcohol, drug abuse, and mental health (ADM) disorders among adolescents and makes practical recommendations on the implementation of effective treatment methods for adolescents. *41 pages. PHD580*

### **TAP 2 Medicaid Financing for Mental Health and Substance Abuse Services for Children and Adolescents**

—Provides background information on the Medicaid child and adolescent populations and includes a status report on States' current Medicaid eligibility and service coverage policies. *74 pages. PHD581*

### **TAP 3 Need, Demand, and Problem Assessment for Substance Abuse Services**

—Documents more than a dozen different methodologies designed to assist in developing more structured approaches to assessing the need for substance abuse treatment services and estimating the demand for services. *41 pages. PHD582*

### **TAP 4 Coordination of Alcohol, Drug Abuse, and Mental Health Services**

—Reviews current knowledge about coordination of ADM services, describes the major models and mechanisms available, and makes recommendations regarding the process of developing coordinated ADM services. *47 pages. PHD583*

### **TAP 5 Self-Run, Self-Supported Houses for More Effective Recovery from Alcohol and Drug Addiction**

—Describes the experience of Oxford House and the mechanics of renting houses to be used as self-run, self-supported recovery houses. *130 pages. PHD584*

### **TAP 6 Empowering Families, Helping Adolescents: Family-Centered Treatment of Adolescents with Alcohol, Drug Abuse, and Mental Health Problems**

—Explains issues, treatment models, and steps necessary to implement a family-centered approach to adolescent treatment. *213 pages. BKD81*

### **TAP 7 Treatment of Opiate Addiction with Methadone: A Counselor Manual**

—Provides counseling staff in methadone treatment centers with accurate information about the treatment they are delivering and promotes the improvement of addiction treatment using methadone. *190 pages. BKD151*

### **TAP 8 Relapse Prevention and the Substance-Abusing Criminal Offender**

—Provides an overview of chemical addiction and the process of recovery. Discusses the process of relapse, as well as the principles and procedures of relapse prevention therapy. *38 pages. BKD121*

### **TAP 9 Funding Resource Guide for Substance Abuse Programs**

—Assists programs in preparing a development plan to outline funding needs or organizing a fundraising effort and identifies funding opportunities. Includes resources and relevant government agencies helpful at the Federal, State, and local levels. *128 pages. BKD152*

### **TAP 10 Rural Issues in Alcohol and Other Drug Abuse Treatment**

—Presents papers submitted to the "Award for Excellence" competition (1992) cosponsored by CSAT and the National Rural Institute on Alcohol and Drug Abuse. Provides innovative and unusual strategies, approaches, and research findings. *73 pages. PHD662*

### **TAP 11 Treatment for Alcohol and Other Drug Use: Opportunities for Coordination**

—Contains an exhaustive review of the need for and benefit of systemic coordination among State, legislative, public health, criminal justice, and social service entities in order to provide a continuum of comprehensive treatment services. *192 pages. PHD663*

### **TAP 12 Approval and Monitoring of Narcotic Treatment Programs: A Guide on the Roles of Federal and State Agencies**

—Offers a step-by-step description of Federal and State agency rules in approving and monitoring narcotic addiction treatment programs. *187 pages. PHD666*

**TAP 13 Confidentiality of Patient Records for Alcohol and Other Drug Treatment**—Presents an overview of Federal alcohol and drug treatment confidentiality laws and regulations. Includes sample forms for patient consent and qualified service organization agreements. *36 pages. BKD156*

**TAP 14 Siting Drug and Alcohol Treatment Programs: Legal Challenges to the NIMBY Syndrome**—Examines the legal remedies available to treatment providers who wish to challenge discriminatory zoning and siting decisions that result from the NIMBY (not in my backyard) syndrome. *50 pages. BKD175*

**TAP 15 Forecasting the Cost of Chemical Dependency Treatment Under Managed Care: The Washington State Study**—Provides background information in using actuarial studies to predict the costs of contracting with managed-care organizations to provide publicly funded chemical dependency treatment services. *89 pages. BKD176*

**TAP 16 Purchasing Managed Care Services for Alcohol and Other Drug Treatment: Essential Elements and Policy Issues**—Provides guidance for those developing contracts with managed-care organizations for substance abuse treatment services. Includes contract language and a 17-page checklist for assessing readiness for managed care. *66 pages. BKD167*

**TAP 17 Treating Alcohol and Other Drug Abusers in Rural and Frontier Areas: 1994 Award for Excellence Papers**—Compiles contributions to the 1994 Award for Excellence Papers contest, sponsored jointly by CSAT and the National Rural Institute on Alcohol and Drug Abuse. Provides innovative strategies for addressing the challenges in rural and frontier areas. *132 pages. BKD174*

**TAP 18 Checklist for Monitoring Alcohol and Other Drug Confidentiality Compliance**—Provides an easy-to-use checklist to help determine whether complaints alleging a breach of patient confidentiality are justified under the Federal confidentiality law. *57 pages. PHD722*

**TAP 19 Counselor's Manual for Relapse Prevention With Chemically Dependent Criminal Offenders**—Designed for the paraprofessional counselor, includes the Relapse Prevention Workbook for Chemically Dependent Criminal Offenders. *185 pages. PHD723*

**TAP 20 Bringing Excellence to Substance Abuse Services in Rural and Frontier America: 1996 Award for Excellence Papers**—Compiles contributions to the 1996 Award for Excellence Papers contest, sponsored by CSAT and the National Rural Institute on Alcohol and Drug Abuse. Examines a number of ways in which rural and frontier America is addressing alcohol and drug abuse and the problems that accompany the abuse. *149 pages. BKD220*

**TAP 21 Addiction Counseling Competencies: The Knowledge, Skills, and Attitudes of Professional Practice**—Provides practice guidelines to enhance the competencies of addiction practitioners and to foster improvements in the educational preparation of substance abuse treatment professionals. *134 pages. BKD246*

**TAP 22 Contracting for Managed Substance Abuse and Mental Health Services: A Guide for Public Purchasers**—Provides guidance on designing and developing sound managed-care goals and initiatives in the rapidly evolving substance abuse and/or mental health services arena. *305 pages. BKD252*

**TAP 23 Substance Abuse Treatment for Women Offenders: Guide to Promising Practices**—Provides guidance to State and community-level policymakers who plan and fund substance abuse and corrections programs. Offers guidelines and ideas for designing promising programs to help women who are addicted in the criminal justice system. *183 pages. BKD310*



**TAP 24 Welfare Reform and Substance Abuse Treatment Confidentiality: General Guidance for Reconciling Need to Know and Privacy—**

Assists State alcohol and drug agencies, substance abuse treatment providers, and welfare officials in addressing confidentiality issues with respect to shared clients. Discusses key issues such as how and when disclosure is possible and provides practical tips to surmount real or perceived obstacles. *43 pages. BKD336*

**TAP 25 The Impact of Substance Abuse Treatment on Employment Outcomes Among AFDC Clients in Washington State—**

This document analyzes the effects of substance abuse treatment on employment outcomes among Aid to Families with Dependent Children (AFDC) recipients in Washington State. It presents findings regarding the general patterns of employment and earning for Washington State AFDC recipients before and after substance abuse treatment, the extent of welfare dependence before and after treatment, and the effect of different substance abuse treatment modalities on employment outcomes. *51 pages. BKD367T*

**TAP 26 Identifying Substance Abuse Among TANF-Eligible Families—**

This publication provides a comprehensive review of policy and procedures with the goal of leading agencies to develop more effective practices. *BKD410*

**TAP 27 Navigating the Pathways: Lessons and Promising Practices in Linking Alcohol and Drug Services With Child Welfare—**

Offers a unique perspective on the growing contacts across the divide that too often prevents child welfare and substance abuse agencies from working together as closely as they need to in order to help children and families affected by substance abuse. *BKD346*



**OCP 1 A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals**—Seeks to inform administrators and clinicians about appropriate diagnosis and treatment approaches that will help ensure the development or enhancement of effective lesbian, gay, bisexual, and transgender- (LGBT-) sensitive programs. *191 pages. BKD392*

**OCP 2 Cannabis Youth Treatment (CYT) Series, Promotional Brochure**—Introduces substance abuse treatment providers to the five volumes in the Cannabis Youth Treatment Series and provides information on ordering the manuals. *6 pages. PHD855*

**OCP 3 Motivational Enhancement Therapy and Cognitive Behavioral Therapy for Adolescent Cannabis Users: 5 Sessions, Cannabis Youth Treatment (CYT) Series, Volume 1**—Introduces providers to the motivational enhancement therapy/cognitive behavioral therapy (MET/CBT) approach to treating adolescent marijuana users. Provides instructions on conducting individual and group sessions and instructional material, including worksheets, handouts, and sample posters. *158 pages. BKD384*

**OCP 4 The Motivational Enhancement Therapy and Cognitive Behavioral Therapy Supplement: 7 Sessions of Cognitive Behavioral Therapy for Adolescent Cannabis Users, Cannabis Youth Treatment (CYT) Series, Volume 2**—Adds seven more cognitive behavioral therapy sessions to the treatment modules presented in volume 1. Provides lesson plans for teaching youth techniques for solving problems, managing anger and depression, improving communication skills, coping with cravings and urges to use marijuana, planning for high-risk situations, and coping with relapse. Includes reproducible posters and handouts, a glossary of terms, and therapist rating forms. *BKD385*

**OCP 5 Family Support Network for Adolescent Cannabis Users, Cannabis Youth Treatment (CYT) Series, Volume 3**—Provides therapists with step-by-step instructions on implementing the family support network (FSN) intervention, which seeks to engage an adolescent's family in treatment. Through parent education sessions and home visits, instructs caregivers on recognizing signs of recovery and relapse, setting limits and boundaries, and improving communication and conflict resolution among family members. Comes with reproducible handouts to distribute to parents and caregivers and quality assurance forms to monitor the effectiveness of the sessions. *148 pp. BKD386*

**OCP 6 The Adolescent Community Reinforcement Approach for Adolescent Cannabis Users, Cannabis Youth Treatment (CYT) Series, Volume 4**—Guides therapists and their supervisors in using the adolescent community reinforcement approach (ACRA) intervention with adolescents and their caregivers. Provides examples of exchanges between therapists and adolescents to illustrate how therapists help adolescents find or enhance reinforcers to abstinence, use community resources to support change, and develop family support. *252 pages. BKD387*

**OCP 7 Multidimensional Family Therapy for Adolescent Cannabis Users, Cannabis Youth Treatment (CYT) Series, Volume 5**—Integrates family therapy and primary substance abuse treatment. Is predicated on family- focused, developmentally based treatment. Provides treatment in 15 sessions over 12 weeks. Uses case management techniques, assesses four factors: (1) the adolescent, (2) the parents, (3) the family's pattern of interacting, and (4) the teen's and parents' interaction with other systems, such as schools, juvenile justice, and peer and social support networks. Bases treatment on in-depth and multi system assessments. Individualizes treatment for each teen and his or her family. *BKD388*

**OCP 8 Changing the Conversation: The National Treatment Plan Initiative**—Presents a set of guidelines and recommendations drawn from the work of expert panels and others. Provides the substance abuse treatment field with a common starting point to engage in a collaboration to make effective substance abuse treatment available to all who need it.

*Full Report, 244 pages. BKD382*

*Executive Summary, 54 pages. BKD383*

**OCP 9 CSAT Advisory, OxyContin®: Prescription Drug Abuse, April 2001**—Provides breaking news for the substance abuse treatment field. Discusses abuse of the prescription drug OxyContin. Contains frequently asked questions and specific treatment protocols. *8 pages. MS726*

**OCP 10 Addiction Knows No Boundaries: It's Everybody's Business, Methadone Community Educational Kit**—Provides methadone treatment programs and the public at large with information about the pending regulatory changes in and the effectiveness of methadone treatment programs. Includes several factsheets, tips on establishing community relations and media outreach, and an overview of heroin use and methadone treatment. *F029*

**OCP 11 Alcohol, Tobacco, and Other Drug Abuse: Challenges and Responses for Faith Leaders**—Provides information on the physical effects of various drugs, reasons why people abuse drugs, the history of substance abuse, and the role clergy can play in substance abuse prevention and treatment. *100 pages. RP0898*

**OCP 12 Health Care Spending: National Expenditures for Mental Health and Substance Abuse Treatment, 1997**—Is the second in a series planned to provide periodic updates of national expenditures for mental health or substance abuse (MH/SA) treatment. *60 pages. BKD369*

**OCP 13 The National Treatment Improvement Evaluation Study (NTIES)**—Provides updates on the National Treatment Improvement Evaluation Study (NTIES), a congressionally mandated 5-year study of the impact of drug and alcohol treatment on thousands of clients in hundreds of treatment units that received support from the U.S. Department of Health and Human Services. Includes findings on women in treatment, adolescents and young adults in treatment, treatment for cocaine and crack use, treatment for marijuana use, and treatment impact on criminal activity. *F027*

**OCP 14 Producing Results...A Report to the Nation 1998**—Compiles the most recent success stories generated by the work and efforts of CSAT. Examines how CSAT's programs and initiatives are helping to reduce the social and health costs associated with the use and abuse of illicit and other addictive substances. Presents CSAT's full array of knowledge development activities that target courts, treatment networks, and service providers involved in reducing the negative impact of illicit drug-related activities. *39 pages. PHD765*

**OCP 15 Cultural Issues in Substance Abuse Treatment**—Serves as a guide to help professionals gain a greater understanding of the cultural, social, political, and economics forces affecting substance abuse treatment among Hispanic Americans, African Americans, Asian Americans, and American Indians/Alaska Natives. *62 pages. BKD323*

**OCP 16 Juvenile Justice Treatment Planning Chart**—Illustrates the major decision points in the juvenile justice system where coordinated strategies for alcohol and drug abuse treatment interventions may be applied. *8 pages. PHD598*

**OCP 17 Model State Standards for Narcotic Treatment: Southeast Region**—Presents information about program development, operations and monitoring, quality assurance, staffing, ethics, and patient assessment, placement, and treatment. May serve as a reference for Federal agencies and State authorities involved in program oversight, management, and technical assistance. *40 pages. BKD235*

**OCP 18 Office of Evaluation, Scientific Analysis and Synthesis: Generating, Applying, and Evaluating New Knowledge in Substance Abuse Treatment, Informational Brochure**—Provides an overview of the following programs supported by CSAT's Office of Evaluation, Scientific Analysis and Synthesis (OESAS): State Treatment Needs Assessment Program (STNAP), Addiction Technology Transfer Centers (ATTCs), Knowledge Application Program (KAP), National Leadership Institute (NLI), and Program Evaluation Branch (PEB). *AV240*

**OCP 19 Executive Summary, Strategies for Integrating Substance Abuse Treatment and the Juvenile Justice System: A Practice Guide**—Provides an overview of the range of alcohol and drug treatment services provided in juvenile justice systems and highlights programs that have shown promising results. Pays special attention to integrating services involving the substance abuse and juvenile justice systems, which have typically had separate and distinct professional mandates, areas of focus, and philosophies. Encourages the use of integrated treatment interventions for juvenile justice populations throughout the Nation. *45 pages. BKD349A*

**OCP 20 Substance Abuse in Brief, Effective Treatment Saves Money, January 1999**—Focuses on the various ways that substance abuse treatment can save money. *4 pages. MS639*

**OCP 21 Substance Abuse in Brief, Substance Abuse Treatment: Reduces Family Dysfunction, Improves Productivity**—Discusses recent research that proves that substance abuse treatment for families can result in lower levels of addictive disorders in the children and many other improvements to the overall family well-being. *4 pages. PHD840*

**OCP 22 Substance Abuse in Brief, Successful Treatment for Adolescents: Multiple Needs Require Diverse and Special Services, January 2000**—Discusses factors that put youth at risk for substance abuse, the most influential being parental drug use. Describes the most effective treatments along with certain measures that must be avoided to successfully treat adolescent substance abuse. *4 pages. PHD835*

**OCP 23 Substance Abuse in Brief, Treatment Cuts Medical Costs, May 2000**—Focuses on the medical costs that could be avoided by providing substance abuse treatment. *4 pages. PHD842*

**OCP 24 Substance Abuse in Brief, Treatment Succeeds in Fighting Crime, December 1999**—Focuses on effectively reducing crime through substance abuse treatment. *4 pages. PHD831*

**OCP 25 Substance Abuse Treatment Planning Guide and Checklist for Treatment-Based Drug Courts**—Provides an outline for a team to begin working together to confront barriers and solve problems when planning for or refining a treatment-based drug court. Includes a planning checklist and a chart to make the guide a practical, quick reference coordinating tool. Provides summaries of client-oriented treatment for offenders, elements of case management, program evaluation criteria, and more. *7 pages. BKD214*

**OCP 26 Treatment Improvement Exchange (TIE) Communique, Managed Care: Meeting the Challenge of Substance Abuse Treatment**—Covers the managed-care debate and proposes ideas about how substance abuse treatment will fare under healthcare reform. *48 pages. PHD692*

**OCP 27 Treatment Improvement Exchange (TIE) Communique, Monitoring Treatment Outcomes and Managed Care: Promise and Challenge for the AOD Field**—Highlights the particular issues and challenges involved in monitoring and evaluating treatment outcomes for clients who abuse substances. Gives information about various types of instruments and evaluating factors that will benefit the target audience's program needs. *31 pages. PHD767*

**OCP 28 Treatment Improvement Exchange (TIE) Communique, Substance Abuse Treatment and the State Children's Health Insurance Program**—Urges treatment advocates to campaign for substance abuse services in their State's development of the Children's Health Insurance Program (CHIP). Includes articles from youth substance abuse treatment experts, advice on becoming involved with CHIP development, and examples of effective programs. *27 pages. PHD832*



**OCP 29 Treatment Improvement Exchange (TIE) Communiqué, Substance Abuse Treatment and Welfare Reform**—Identifies the issues inherent in the new Federal welfare law that transforms the U.S. Department of Health and Human Services' cash welfare programs into a capped block grant to States (known as temporary assistance for needy families or TANF). Helps clarify the implications for publicly funded substance abuse treatment services. Also serves as a catalyst to stimulate the development of new ideas, prompt the exchange of information, and promote the sharing of experience. 19 pages. PHD768

**OCP 30 Practical Approaches in the Treatment of Women Who Abuse Alcohol and Other Drugs**—Offers guidelines on how to more effectively and efficiently use existing resources to design and implement programs that address the specific needs of women. Includes strategies for treating specific female populations, such as women of various racial and ethnic groups, women in the justice system, and women with disabilities. 303 pages. BKD155

**OCP 31 A Quick Guide to Finding Effective Alcohol and Drug Addiction Treatment**—Instructs family members to consider such things as the setting, length of care, and philosophical approach when finding a treatment program for a loved one. Also presents 12 questions to consider when selecting a treatment program. PHD877

**OCP 32 You Can Help: A Guide for Caring Adults Working with Young People Experiencing Addiction in the Family**—Describes the resources available to help and support children of addiction and the problems such children may be at risk for. PHD878

**OCP 33 Good Mental Health is Ageless**—This client brochure was created to accompany the publication *Substance Abuse Among Older Adults, #26* in the Center for Substance Abuse Treatment's Treatment Improvement Protocol (TIP) series. The brochure gives clients a list of indicators of possible mental health problems and offers suggestions for taking action. The publication lists national hotlines and Web sites and provides space for a local program to add its contact information. 7 pages. PHD881

**OCP 34 Aging, Medicines and Alcohol**—This client brochure was created to accompany the publication *Substance Abuse Among Older Adults, #26* in the Center for Substance Abuse Treatment's Treatment Improvement Protocol (TIP) series. The brochure gives clients a list of indicators of possible alcohol or medication-related problems and offers suggestions for taking action. The publication lists national hotlines and Web sites and provides space for a local program to add its contact information. 7 pages. PHD882

**OCP 35 Mental Health and Substance Abuse Treatment: Results From a Study Integrating Data From State Mental Health, Substance Abuse, and Medicaid Agencies**—The Center for Substance Abuse Treatment (CSAT) and the Center for Mental Health Services (CMHS) of the Substance Abuse and Mental Health Services Administration initiated an effort 5 years ago to integrate Medicaid, State mental health, and State substance abuse agency data. Data from the CSAT/CMHS Integrated Database Project has been analyzed and is the subject of this first report. 87 pages. BKD408

**OCP 36 We Recover Together: Family, Friends, and Community: National Alcohol and Drug Addiction Recovery Month Kit**—This kit offers ideas and suggestions for planning and implementing a manageable Recovery Month campaign—one that conveys the theme *We Recover Together: Family, Friends, and Community*. The kit includes resource materials and outreach materials. FO33

**OCP 37 State Children's Health Insurance Program**—The Children's Health Insurance Program (CHIP) enables States to provide health insurance for children from uninsured, low-income families who do not qualify for Medicaid. This booklet explains the benefits of CHIP, encourages providers to participate in CHIP planning committees, and provides a telephone number and Web site address for further information. 4 pages. PHD811

**OCP 38 Identifying Substance Abuse Among TANF-Eligible Families**—The Center for Substance Abuse Treatment developed this technical assistance publication to help Temporary Assistance for Needy Families (TANF) officials address the needs of families in their case-loads who are not succeeding, partly because of substance abuse. This publication provides a comprehensive review of policy and procedures with the goal of leading agencies to develop more effective practices. 87 pages. BKD410



**OCP 39 Substance Abuse in Brief: The Science of Addiction Simplified**—This issue offers clear information about addiction and its effect on the body. The newsletter defines addictive disorders, describes the neurochemical dysfunction in addictions, and explains the effect of treatment on neurochemistry. *4 pages. MS654*

**OCP 40 Addiction Treatment: Investing in People for Business Success**—September is National Alcohol and Drug Addiction Recovery Month and this year, the focus is on helping to educate businesses and the public about benefits of workplace-supported treatment. This folder contains various medical outreach materials, including promotional event ideas and sample PSA scripts; outreach materials for targeted groups such as older workers, small businesses, and unions; and listings of related clearinghouses and Web sites. *MS646*

**OCP 41 The Road to Recovery**—This is the first installment in a seven-part series of Webcasts that will discuss and illuminate key issues related to the 2001 Recovery Month observance (September 2001). The program includes on-camera appearances by Center for Substance Abuse Treatment (CSAT) director Dr. H. Westley Clark and Recovery Month partners from around the country. *Length: 28 minutes. VHS136*

**OCP 42 What Families Can Do To Prevent and Intervene With Alcohol and Drug Problems**—This is the third installment in a seven-part series of Webcasts that will discuss and illuminate key issues related to the 2001 Recovery Month observance. How to prevent or intervene with an alcohol or drug problem are difficult concepts for many families to grasp. This session will discuss how families can get beyond their denial to stop a drug or alcohol problem before it starts or to intervene in a loved one's addiction. *Length: 57 minutes. VHS138*

**OCP 43 Telling Their Stories: Reflections of the 11 Original Grantees That Piloted Residential Treatment for Women and Children for CSAT**—As part of a larger effort by the Center for Substance Abuse Treatment (CSAT) to expand quality substance abuse treatment services and to develop and disseminate knowledge that can be useful to the field, this report summarizes the experiences and accomplishments of the original Residential Women and Children's (RWC) grantees. The report describes what arrangements were necessary to initiate services, how day-to-day operations were conducted, and what resources were tapped to continue the projects after the grants terminated. *243 pages. BKD407*

**OCP 44 Improving Lives Through Treatment**—The Center for Substance Abuse Treatment (CSAT) of the Substance Abuse and Mental Health Services Administration (SAMHSA) was created in 1992 with a congressional mandate to expand the availability of effective substance abuse treatment and recovery services. This booklet describes CSAT's mission and its specific programs and activities in areas such as closing the treatment gap, linking knowledge with practice, and improving and strengthening treatment systems. *12 pages. PHD836*

**OCP 45 Anger Management for Substance Abuse and Mental Health Clients: A Cognitive Behavioral Therapy Manual**—Helps counselors teach anger management techniques in a group setting through a 12-week cognitive behavioral intervention (participants use accompanying workbook). Describes the anger cycle, conflict resolution, assertiveness skills, and anger control plans. *57 pages. BKD444*

**OCP 46 Anger Management for Substance Abuse and Mental Health Clients: Participant Workbook**—Provides worksheets and homework assignments using the core concepts of the 12-week group cognitive behavioral therapy provided in the accompanying manual. *47 pages. BKD445*

**OCP 47 [Informational postcard] Anger Management for Substance Abuse and Mental Health Clients**—Announces the availability of two new treatment tools to help clients with concurrent substance abuse and anger management problems—Anger Management for Substance Abuse and Mental Health Clients: A Cognitive Behavioral Therapy Manual and Anger Management for Substance Abuse and Mental Health Clients: Participant Workbook. *AVD152*

**OCP 48 Quick Guides and KAP Keys Brochure**—The Quick Guide and KAP Keys brochure provides an overview of new tools for substance abuse treatment clinicians and administrators based on the CSAT Treatment Improvement Protocol series. *MS907*

**OCP 49 Demystifying Evaluation: A Manual for Evaluating Your Substance Abuse Treatment Program, Volume 1**—This module is designed to assist substance abuse treatment administrators and senior clinical personnel to learn more about strategies for using program and client data to improve the effectiveness of their programmatic efforts. *BKD225*

**OCP 50 SNAPSHOT: Overview of Fiscal Year 2002 Grant Funding Opportunities, April 2002**—This publication serves to inform the public of the anticipated grant funding opportunities that SAMHSA is planning to announce for fiscal year (FY) 2002. *BKD450*

**OCP 51 Classifying Skin Lesions of Injection Drug Users**—The purpose of these postcards is to illustrate a classification system to identify appearance of skin lesions on injection drug users. Injection drug use often is associated with increased risk for HIV and hepatitis B and C infection. For those working in the health care and substance abuse fields, having the ability to distinguish drug injection lesions (i.e., needle track marks) from lesions attributable to other factors may help facilitate accurate diagnoses and promote the delivery of effective treatments and other interventions to reduce patient risk. *AVD154*

**OCP 52 Substance Abuse Treatment Advisory, GHB: A Club Drug To Watch**—Substance Abuse Treatment Advisory provides substance abuse treatment providers and others with information on emerging issues that have immediate consequences. The November 2002 issue of this publication is titled *GHB: A Club Drug To Watch* and discusses the increasing popularity of the illicit use of gamma hydroxybutyrate (GHB). Using a question-and-answer format, this four-page Advisory tells treatment providers how they can respond to those who abuse this drug, explains the dangers of GHB abuse, discusses recent studies on GHB, and describes withdrawal, dependence, and overdose. *MS915*

**OCP 53 Report to Congress on the Prevention and Treatment of Co-Occurring Substance Abuse Disorders and Mental Disorders**—Co-occurring substance abuse and mental disorders present significant challenges to the Nation's public health. This congressionally mandated report describes current treatment approaches, best practice models, and prevention efforts for addressing co-occurring substance abuse and mental disorders. The report includes summaries of treatments provided, practices for preventing substance abuse disorders among individuals who have a mental disorder, evidence-based practices for treating individuals with co-occurring disorders, recommendations for implementing such practices, and improvements to ensure that individuals with co-occurring disorders receive the services they need. *BKD467*

**OCP 54 Substance Abuse Treatment Advisory, Inhalants**—Substance Abuse Treatment Advisory provides substance abuse treatment providers and others with information on emerging issues that have immediate consequences. The March 2003 issue of this publication is titled *Inhalants* and answers what are inhalants?, what are the most common modes of administration?, what types of products can be abused?, what are the long-term effects of inhalant abuse?, are inhalants addictive or lead to further drug abuse?, what constitutes effective treatment of people who abuse inhalants?, as well as other questions. *MS922*

# CSAT Publications

## ORDERING INFORMATION

1. Fax or mail the form on the following four pages to SAMHSA's National Clearinghouse for Alcohol and Drug Information (NCADI)  
P.O. Box 2345  
Rockville, MD 20847-2345  
Fax: (301) 468-6433
2. Call SAMHSA's NCADI at (800) 729-6686; TDD (hearing impaired) (800) 487-4889
3. Visit the following Web sites:
  - SAMHSA's NCADI: [www.samhsa.gov/centers/clearinghouse/clearinghouses.html](http://www.samhsa.gov/centers/clearinghouse/clearinghouses.html)
  - National Library of Medicine: [text.nlm.nih.gov](http://text.nlm.nih.gov)
  - SAMHSA: [www.samhsa.gov/csatsat.htm](http://www.samhsa.gov/csatsat.htm)

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Organization: \_\_\_\_\_

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City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

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## TIPs

Please indicate the number of copies desired and whether you want to order the **Administrator's version** (bound copy) or the **Clinician's version** (tabbed, three-hole punched, loose-leaf copy suitable for training or as a quick, desktop reference).

Administrator's Version		Quantity	Clinician's Version		Quantity	Administrator's Version		Quantity	Clinician's Version		Quantity
<b>TIP 1</b>	BKD98	_____	BKD98C	_____	<b>TIP 20</b>	BKD168	_____	BKD168C	_____		
<b>TIP 2</b>	BKD107	_____	BKD107C	_____	<b>TIP 21</b>	BKD169	_____	BKD169C	_____		
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<b>TIP 6</b>	BKD131	_____	BKD131C	_____	<b>TIP 25</b>	BKD239	_____	BKD239C	_____		
<b>TIP 7*</b>	BKD138	_____	BKD138C	_____	<b>TIP 26</b>	BKD250	_____	BKD250C	_____		
<b>TIP 8*</b>	BKD139	_____	BKD139C	_____	<b>TIP 27</b>	BKD251	_____	BKD251C	_____		
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<b>TIP 12</b>	BKD144	_____	BKD144C	_____	<b>TIP 31</b>	BKD306	_____	BKD306C	_____		
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<b>TIP 27</b>	QGCT27	_____			
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<b>TIP 29</b>	QGCT29	_____		KAPT29	_____
<b>TIP 30</b>	QGCT30	_____		KAPT30	_____
<b>TIP 31 &amp;</b>					
<b>TIP 32</b>	QGC312	_____		KAP312	_____
<b>TIP 33</b>	QGCT33	_____		KAPT33	_____
<b>TIP 34</b>	QGCT34	_____		KAPT34	_____
<b>TIP 35</b>	QGCT35	_____		KAPT35	_____
<b>TIP 36</b>	QGCT36	_____		KAPT36	_____
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